Overview The Agency for Healthcare Research and Quality’s (AHRQ) Treatment Options: Explore. Compare. Prepare. initiative encourages people living with health conditions and their caregivers to explore treatment options for their conditions, compare the benefits and risks of each, and prepare to discuss them with their health care providers.

Resources and Activities
The initiative offers a wide variety of resources in English and Spanish to help individuals and communities become more engaged in their health care—

- Treatment summaries
- Treatment Options and Toma las riendas Facebook pages
- Promotional video series
- Text messaging program
- Public service announcements and brochures
- National and regional partnerships
- Online and digital tools for partner organizations

To learn more or get involved, email us at EHC_Outreach@ahrq.hhs.gov

For more information, visit—
Facebook: www.facebook.com/yourtreatmentoptions
Facebook (Spanish-language): www.facebook.com/AHRQehc.espanol

Web site: www.ahrq.gov/treatmentoptions

The Treatment Options initiative highlights unbiased treatment summaries from AHRQ’s Effective Health Care Program, a leading Federal effort that compares treatments for various health conditions and makes the findings public. The results of this research are translated into consumer-friendly English and Spanish publications that compare treatments for various medical conditions, including diabetes, cancer, mental health, heart disease, and more. A Spanish-language version of Treatment Options, Toma las riendas: Infórmate. Compara. Prepárate., is also available.

A national network of more than 500 partner organizations supports AHRQ’s efforts to share health information with consumers, health professionals, and others. The network includes Federal, State, and local health agencies, health professional groups, consumer advocacy groups, health systems, and businesses.

This initiative—intended to reach both consumers and health care professionals—was developed with input from partner organizations across the United States, representing physicians, nurses, pharmacists, patients, consumer advocates, and many others who support the Program’s goals.