### Research to Help Underserved Populations

# Innovative Adaptation and Dissemination of AHRQ Comparative Effectiveness Research Products

## **Disseminating Adapted Diabetes Evidence to Clinicians Through a Patient Portal**

#### **Description**

The purpose of the project was to adapt an existing AHRQ health information summary so it would be concise, targeted and actionable. The adapted product was then disseminated using a patient portal and electronic health record system.

#### **Project Aims**

The project aims were to:

- 1) Adapt the AHRQ Comparative Effectiveness Research Summary Guide, "Comparative Effectiveness and Safety of Oral Diabetes Medications for Adults With Type 2 Diabetes," to be concise, targeted, easily actionable by patients and healthcare providers, and implementable using health information technology-based tools, while preserving the fidelity of the original guide's technical contents and assessments; and
- 2) Evaluate the impact of disseminating the adapted Summary Guide using a combined patient portal and electronic health record system.

#### **Findings**

The project successfully adapted the AHRQ summary guide materials, integrated them into a patient portal, and observed that patients actively accessed the adapted materials. Long-term follow-up on clinical outcomes is ongoing.

#### **Study Populations**

Patients of the Vanderbilt University Medical Center

**Health Condition Addressed** Diabetes

**Dissemination Tool and/or Method**Patient portal
Electronic Health Record System

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