Appendix I. Catheter Care Pocket Card

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| Interventions To Prevent CAUTI in Patients Who Have a Documented Medical Need for Indwelling Urinary CatheterPrevention strategies must focus on clear indications for the insertion of a urinary catheter and prompt removal when no longer necessary. When an indwelling urinary catheter is indicated, the following interventions should be in place to help prevent infection: * Use indwelling catheters only when medically necessary
* Use aseptic insertion technique with appropriate hand hygiene and gloves
* Allow only trained health care providers to insert catheter
* Properly secure catheters to prevent movement and urethral traction
* Maintain a sterile closed drainage system
* Maintain good hygiene at the catheter-urethral interface
* Maintain unobstructed urine flow
* Maintain drainage bag below level of bladder at all times
* Remove catheters when no longer needed
* Do not change indwelling catheters or drainage bags at arbitrary fixed intervals
* Document indication for urinary catheter on each day of use
* Use reminder systems to target opportunities to remove catheter
* Use external (or condom-style) catheters if appropriate in men
* Use portable ultrasound bladder scans to detect residual urine amounts
* Consider alternatives to catheters, such as intermittent catheterization and portable ultrasound bladder scans to detect residual urine amounts
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