Appendix I. Catheter Care Pocket Card

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| Interventions To Prevent CAUTI in Patients Who Have a Documented Medical Need for Indwelling Urinary Catheter Prevention strategies must focus on clear indications for the insertion of a urinary catheter and prompt removal when no longer necessary. When an indwelling urinary catheter is indicated, the following interventions should be in place to help prevent infection:     * Use indwelling catheters only when medically necessary * Use aseptic insertion technique with appropriate hand hygiene and gloves * Allow only trained health care providers to insert catheter * Properly secure catheters to prevent movement and urethral traction * Maintain a sterile closed drainage system * Maintain good hygiene at the catheter-urethral interface * Maintain unobstructed urine flow * Maintain drainage bag below level of bladder at all times * Remove catheters when no longer needed * Do not change indwelling catheters or drainage bags at arbitrary fixed intervals * Document indication for urinary catheter on each day of use * Use reminder systems to target opportunities to remove catheter * Use external (or condom-style) catheters if appropriate in men * Use portable ultrasound bladder scans to detect residual urine amounts * Consider alternatives to catheters, such as intermittent catheterization and portable ultrasound bladder scans to detect residual urine amounts |