Module 21: Improving Self-Management Support

Self-Management Support Tasks and Assignments

Role Visualization Exercise for Self-Management Support

Complete the chart by describing what each team member will do for each of the listed tasks for self-management support. Not all team members will be involved in each activity, nor is the list of tasks exhaustive.

Role	PCP	Nurse	MA	Clinical Care Manager	Dietitian/PT/OT	Administrative Staff/Patient Navigator	Other
Introduce SMS, describe roles							
Set visit agenda							
Collaborate on patient goal setting							
Provide information and skills training to patients							
Create an Action Plan							
Connect patients with resources in community and elsewhere in health system							
Oversee disease registry/ proactive followup							
Conduct previsit chart reviews							

Adapted with permission from Institute for Healthcare Improvement, Cambridge, MA.