

Trichomoniasis (Trich)

What Is Trich?

- Trich is a common, treatable sexually transmitted infection caused by a parasite.
- About 2 percent of women and about 0.5 percent of men have trich at any time, although trich is rare in men who have sex with men.
- Most people with trich have no symptoms.
- Men can have itching or irritation inside the penis, burning with urination or ejaculation, and/or discharge from the penis.
- Women with trich may have itching, burning, redness or soreness of the genitals, discomfort with urination, a vaginal discharge, and/or painful sex.

How Can I Prevent Trich?

- Trich can spread from a penis to a vagina, a vagina to a penis, or a vagina to a vagina during sex.
- You can prevent trich by not having vaginal, anal, or oral sex.
- You can prevent trich by using condoms the right way every time you have sex.
- You can prevent trich by being in a long-term relationship with someone where neither one of you is having sex outside the relationship, and where your partner has been tested and does not have trich.
- You can prevent trich by not douching (women).
- Men who are circumcised are less likely to get or spread trich (men).

How Is Trich Diagnosed?

- Over telemedicine, this test may be a urine test (in women and men) or a vaginal swab that you can collect yourself (in women). Some urine tests and vaginal swabs can either be done in a lab or at home and mailed in. Other times, the doctor or clinician may have performed these tests during an in-person visit and receives the test results a few days later, where they may talk about the results with you over a telemedicine visit. Sometimes these tests are done as part of testing for other infections like gonorrhea and chlamydia.
- Some of these tests are designed to be collected by patients. Your clinician/doctor will help you learn how to perform one of these tests.
- Your clinician/doctor may also recommend you get tested for other infections as well.

If I Have Trich, What Happens Next?

- Your clinician/doctor will order pills to be taken by mouth.
- Make sure your sex partners get tested and treated, because they can reinfect you.
- Your clinician/doctor may prescribe an antibiotic to give to your sexual partner.
- Avoid sexual activity until 7 days after treatment and after your partner was treated.
- Women should get retested after 3 months to make sure the infection has cleared.

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Steps:

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2. Click on the Tools menu at the top.
3. Select “Edit PDF” from the screen.
4. Select the “Add Image” button from the top.
5. Navigate on your computer to where your logo is saved. Click Open.
6. Click on the PDF where you want the logo to appear. If needed, move the logo by clicking and dragging it to the correct location.
7. Resize the logo to fit with your document.
8. Click the save icon (at the top), or go to File menu and select Save. Make sure to save with a new name.

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