

## **Adapting the SBAR Training Toolkit to your Long-Term Care Facility**

### **Suggested Training Format**

Other long-term care facilities have introduced SBAR to their nursing staff by presenting the educational DVDs provided at the front of this binder. Each program is designed to be presented within a half hour training session and can also be viewed by individual nurses independently.

We understand that not every facility is the same, so feel free to use these training materials in a way that best suits your individual situation. For your convenience, we've organized the materials into the following categories: preparation materials, training materials and reminder materials.

#### **Preparation Materials**

The preparation materials consist of DVD Presentation #1 and DVD Presentation #2. These are the cornerstone of the educational initiative and provide the foundation for the subsequent exercises that follow. As previously mentioned, each presentation is designed to fit into a half hour training session and will play in a standard DVD player. Outlines are also included to summarize the material.

#### **Training Materials**

The training materials consist of the pre- and post-tests for both presentations, the SBAR form exercise and role-play for challenging communication situations. These exercises are intended to reinforce the lessons taught in the presentations and can be used in conjunction with the DVDs.

#### **Reminder Materials**

In this section you will find posters that some facilities found useful to help remind their staff to use the SBAR technique when making calls to physicians. Feel free to copy or adapt these to your facility.

**Other Adaptations:** Some facilities trained all members of the nursing staff while other facilities trained only supervisors in SBAR use. Some facilities found that making SBAR part of their official policy along with using incentives worked well to encourage use while other facilities found that consistent follow-up, repetition and reinforcement were effective ways to remind their staff. Regardless of your chosen approach, this tool kit was made with you in mind. We encourage you to adapt the training as you see necessary so that SBAR will best work in your facility.