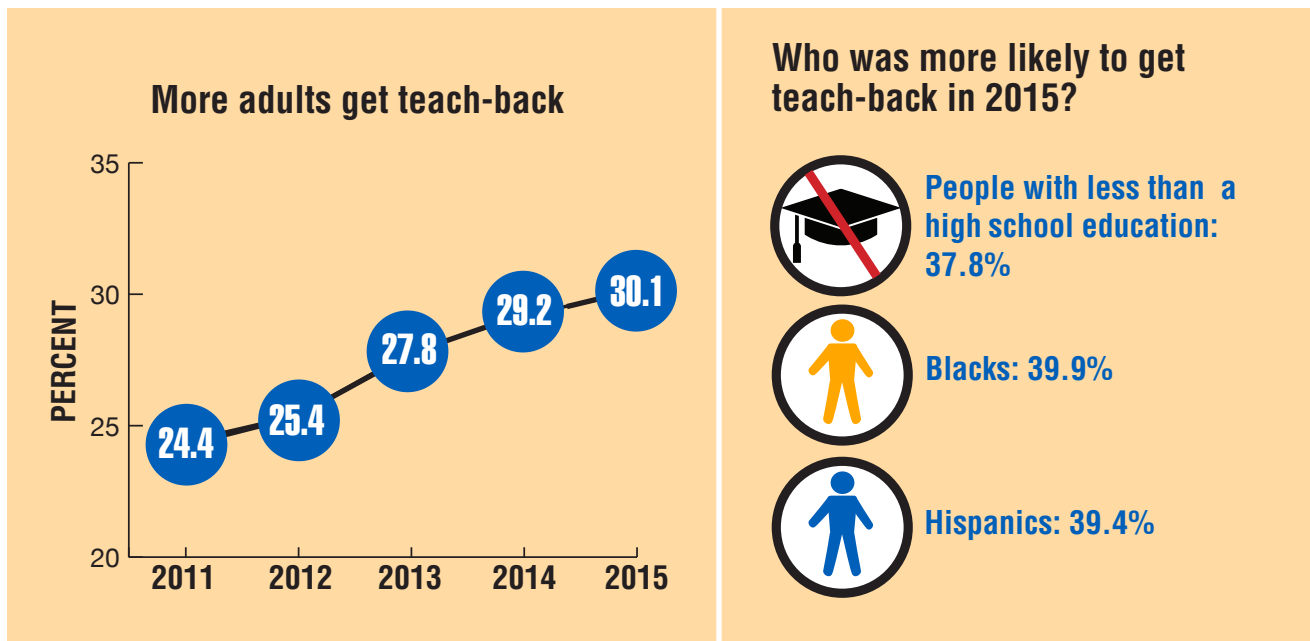


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## More adults report always being asked to teach back providers' instructions

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To start teach-back, providers ask patients to explain *in their own words* what they need to know or do. This approach helps determine whether patients and family members clearly understand what doctors tell them.



For more information, see the [Data Spotlight](#) and the [Data Query Tool](#).