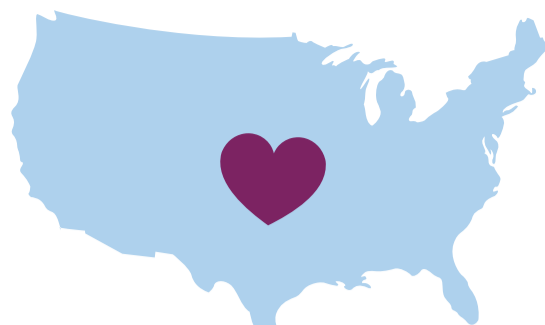


AHRQ's EvidenceNOW: Setting the Target for Improving Heart Health in America

AHRQ's EvidenceNOW, a Federal grant initiative, funds seven regional cooperatives to help more than 1,500 smaller primary care practices and 5,000 clinicians build their capacity to improve heart health for the 8 million patients they serve.

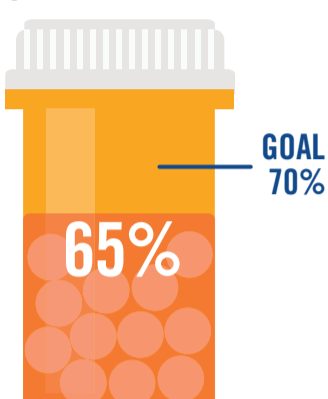


The ABCS of Heart Health

Heart disease is the number one cause of death in the United States. Delivery of the ABCS of heart health, four evidence-based cardiovascular care services, is proven to reduce the risk of heart attack and stroke. Smaller primary care practices regularly provide excellent heart health care to their patients, but recognize the potential to do even better. The following data show the percentage of patients receiving ABCS services from practices participating in EvidenceNOW at baseline (as of January 2017).

Aspirin Use

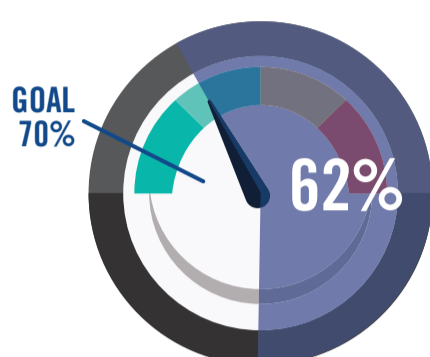
For people with known heart disease, **65%** are prescribed daily aspirin to prevent heart attack and stroke.



DATA FROM
142,135 PATIENTS

Blood Pressure Control

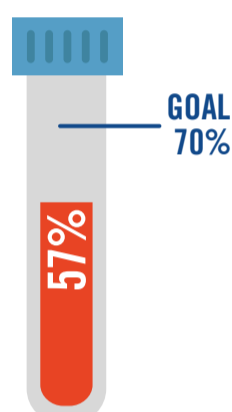
For people with high blood pressure, **62%** are successfully managing it through diet, exercise, and when needed, medications.



DATA FROM
721,762 PATIENTS

Cholesterol Management

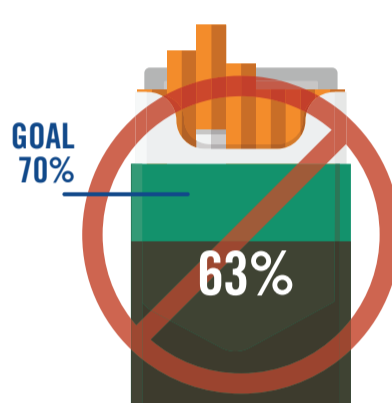
For people at high risk of heart disease, **57%** are prescribed a statin medication to manage their cholesterol.



DATA FROM
186,250 PATIENTS

Smoking Cessation Support

For people who smoke or use tobacco, **63%** are provided counseling and medication to help them quit.



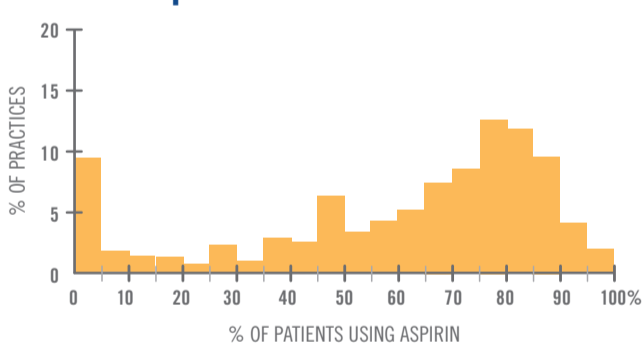
DATA FROM
830,302 PATIENTS

Delivery of the ABCS of Heart Health

Some practices participating in EvidenceNOW are already near or exceeding the 70% goal for one or more of the ABCS, but still have room to improve. Other practices have further to go. The charts below show how EvidenceNOW practices are doing with delivering the ABCS to their patients at baseline (as of January 2017).

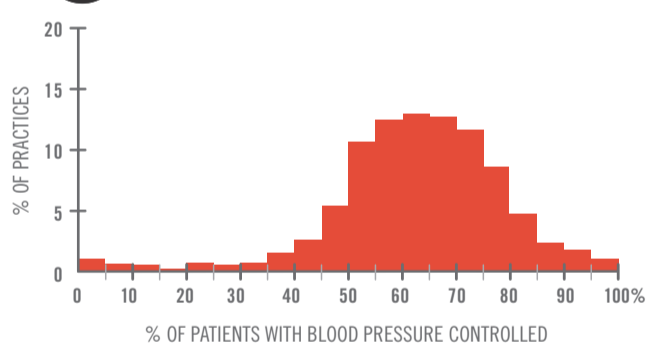
PRACTICES ACHIEVING VARIOUS LEVELS OF ABCS FOR APPROPRIATE PATIENTS

Aspirin Use



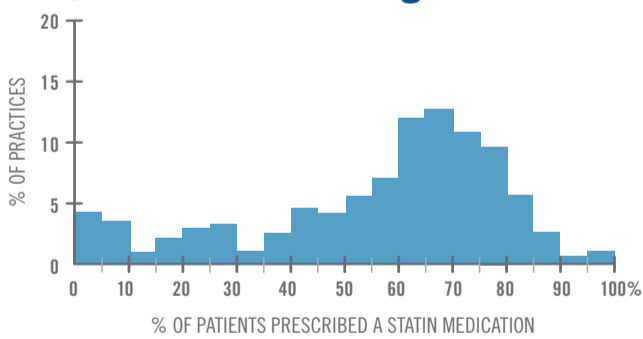
DATA FROM **968** PARTICIPATING PRACTICES

Blood Pressure Control



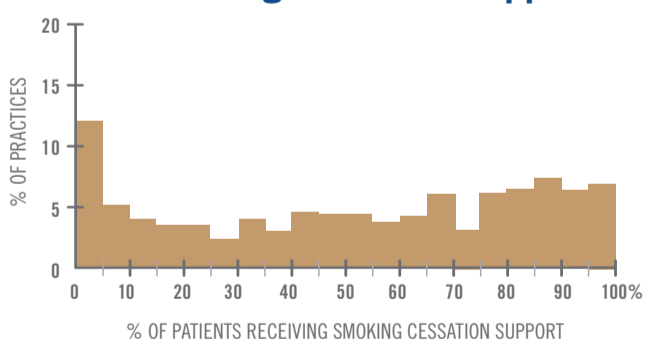
DATA FROM **1,022** PARTICIPATING PRACTICES

Cholesterol Management



DATA FROM **606** PARTICIPATING PRACTICES

Smoking Cessation Support



DATA FROM **927** PARTICIPATING PRACTICES

How EvidenceNOW Supports Primary Care Practices

Each EvidenceNOW cooperative is providing quality improvement support services—typically not available to smaller practices because of their size—to help primary care practices improve the care they provide.



Follow EvidenceNOW as we learn how these services can help smaller primary care practices improve heart health for patients across the United States. www.ahrq.gov/EvidenceNOW

Data courtesy of ESCALATES, the EvidenceNOW independent national evaluator under AHRQ grant number R01HS023940-01. For more information about the national evaluation, visit: www.escalates.org