## Healthy Hearts Northwest Practice Survey

## Instructions

1. This survey collects information about your practice for Healthy Hearts Northwest, an EvidenceNOW project. Your responses are used to help design an individualized coaching plan for your practice, so please be candid and thorough.

We suggest designating an Office Manager to complete this survey, and we strongly encourage consulting with others in your practice (e.g. Lead Clinician, Medical Director, Billing Manager) for accurate information.

If you cannot complete the survey in one session, please select NEXT on the page you're on before closing your browser, and all your responses will be saved!

Some questions may require stepping away from your computer and getting input from other sources (such as a report about patient panels or questions only a clinician can answer). You can download here a list of questions to help you prepare in advance.
**Please complete the survey ASAP within 2 weeks. We send a reminder each week for 4 weeks until the survey is completed.**

Once you complete the practice survey, we will send your clinic a $\$ 75$ gift card as a data collection payment. Please select your gift card preference below. Thank you so much for your time, effort, and insights!
-Amazon eCards
Starbucks eCards

* 2. Although we understand that you will probably consult with others to answer various questions in the survey, please indicate who was primarily responsible for completing this survey.

Your name $\square$
Name of your practice


Your primary job role (office manager, RN etc) $\square$

* 3. In what state is your practice located?

Olaso
O
$O$ Westision
4. (For internal use only, please skip otherwise) enter PracticeID
$\square$

## Healthy Hearts Northwest Practice Survey

## Patient Panel

5. Please estimate the total number of patient visits over a typical week at your practice.

Provide number of visits per week
$\square$
6. Do clinicians in your practice have their own panel of patients for whom they are responsible?
$\bigcirc Y e s$
№
7. If yes, please estimate the average patient panel size for a full-time clinician in your practice.

Provide average panel size
$\square$
8. On average, how many patients does a full-time clinician in your practice see on a typical day?

Provide average number of patients
$\square$

## Healthy Hearts Northwest Practice Survey

## Staff FTE

Please provide the number of paid practice members who work at least .5 FTE, and their combined FTE for each job category:
9. Physician staff (e.g. MD, ND, PA, NP)
\# of
staff
$\square$
total
FTE
$\square$
10. Clinical staff providing patient care (e.g.. RN, LPN, MA, CMA)
\# of
staff
$\square$
total
FTE
$\square$
11. Psychologists
\# of
staff

12. Office staff (supporting practice operations, not involved directly in patient care, e.g., receptionists, billing staff, data analyst, etc.)
\# of
staff
$\square$
total
FTE
$\square$

## 13. Social Workers or Licensed Social Workers

\# of
staff
$\square$
total
FTE
$\square$

## 14. Pharmacist or PharmD

\# of
staff

total
FTE
$\square$

## 15. Other

Staff
Type
$\square$
\# of
Staff


## HEALTHY HEARTS <br> NORTHWEST

## Healthy Hearts Northwest Practice Survey

## Social Network

The following questions may be answered differently by different members of your practice. Therefore, please consult with your practice's Office Manager, QI team, and Lead Physician or Medical Director in order to answer these questions about your entire practice.
16. Is your practice part of a larger organization with a centralized QI team?

Yes and we have contact with them once a month or more
Yes and we have contact with them a few times a year
$\bigcirc$ Yes and we have contact with them once a year
Yes but we don't have regular contact with them
ONo
17. Does your practice have the autonomy to choose for yourself what QI projects you want to work on?

〇No autonomy
A little autonomy
A lot of autonomy
Complete autonomy
18. In the past 2 years, how often has your practice had discussions with other practices about quality improvement efforts?
$\bigcirc$ Never
$\bigcirc$ Rarely
Sometimes
Often

## HEALTHY HEARTS NORTHWEST

## Healthy Hearts Northwest Practice Survey

## Social Network Continued.

19. On average, how helpful have these discussions been for your practice's Ql efforts?


We want to learn about discussions between people in your practice and others outside your practice to improve the care you provide. These might be one-on-one discussions (i.e., physicians discussing QI at a conference) or group interactions between two different teams at a training or a conference. There is no right or wrong answer. Please consult with your Office Manager, QI Team, physicians, and administrators to learn about these connections to other people and clinics about improving care.

In the past 3 months, who has your practice gone to outside of your practice/organization for discussion about QI efforts? Please list organization (individual names are not needed), location, and how often your practice has had QI discussions with them.
20. Practice/Organization you go to for discussion

Name of Practice/Organization
$\square$
City
$\square$
State
$\square$
How often do you communicate (rarely, sometimes, often)
$\square$
21. Practice/Organization you go to for discussion

Practice/Organization Name
$\square$
City
$\square$
State
$\square$
How often do you communicate? (rarely, sometimes, often)
$\square$
22. Practice/Organization you go to for discussion Practice/Organization Name
$\square$
City
$\square$
State
$\square$
How often do you communicate? (rarely, sometimes, often)
$\square$
23. Practice/Organization you go to for discussion Practice/Organization Name
$\square$
City
$\square$
State


How often do you communicate? (rarely, sometimes, often)
$\square$

## 24. Practice/Organization you go to for discussion

Practice/Organization Name
$\square$
City
$\square$
State
$\square$
How often do you communicate? (rarely, sometimes, often)
$\square$
25. Practice/Organization you go to for discussion

Practice/Organization Name
$\square$
City
$\square$
State


How often do you communicate? (rarely, sometimes, often)

26. Please list any additional contacts that your practice has had with other practices around QI efforts, or let us know anything else you think is important about your quality improvement efforts with other practices.
$\square$

## Healthy Hearts Northwest Practice Survey

## Preventive Care Strategies

We would like to learn about the strategies that your practice uses to improve cardiovascular preventive care (e.g., prescribing aspirin for patients at risk for ischemic vascular disease, providing tobacco cessation services for smokers, appropriately managing hypertension, and prescribing statins for high risk patients).

These questions should be completed by a senior member of the practice who has good insights into the clinical operations of the practice, such as a lead clinician or an office manager.

You can download here these questions (on page 2) if you need to print a copy to give to someone else.
27. Indicate the extent to which you agree or disagree that your practice has used the following strategies to improve cardiovascular preventive care:

Providing information and skills training
Using opinion leaders, role modeling, or other vehicles to encourage support for changes

Changing or creating systems in the practice that make it easier to provide high quality care

Removal or reduction of barriers to better quality of care
Using teams focused on accomplishing the change process for improved care

Delegating to non-clinician staff the responsibility to carry out aspects of care that are normally the responsibility of physicians

Providing to those who are charged with implementing improved care the power to authorize and make the desired changes

Periodic measurement of care quality for assessing compliance with any new approach to care

Reporting measurements of practice performance on cardiovascular disease prevention measures (such as aspirin for patients at risk for ischemic vascular disease) for comparison with their peers

Setting goals and benchmarking rates of performance quality on cardiovascular disease prevention measures at least yearly

Customizing the implementation of cardiovascular disease prevention care changes to the practice

Using rapid cycling, piloting, pre-testing, or other vehicles for reducing the risk of negative results for introducing organization-wide change in care

Deliberately designing care improvements so as to make clinician participation less work than before

Deliberately designing care improvements to make the care process more beneficial to the patient

Neither
agree
Strongly Somewhat nor Somewhat Strongly disagree disagree disagree agree agree N/A

| 1 | 0 | 0 | 0 | 0 | 0 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| 0 | 0 |  |  |  |  |
| 0 | 0 | 0 | 0 | 0 | 0 |
| 0 | 0 | 0 | 0 | 0 | 0 |
| 0 | 0 | 0 | 0 | 0 | 0 |
| 0 | 0 | 0 | 0 | 0 | 0 |
| 0 | 0 | 0 | 0 | 0 | 0 | ○ 00000


$\begin{array}{llllll}0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0\end{array}$

## Healthy Hearts Northwest Practice Survey

## Preventive Care Strategies Continued...

28. Consider all of the priorities your practice has over the next year. On a scale from 1 to 10 where one is the lowest priority and 10 is the highest, what is the priority that your practice's leadership places on improving cardiovascular disease preventive care?

1-Low Priority
$\bigcirc^{2}$
$\bigcirc 3$
$\bigcirc 4$
$\bigcirc 5$
$\bigcirc 6$
$\bigotimes^{7}$
7
$\bigcirc 9$
10- High Priority

## Healthy Hearts Northwest Practice Survey

## Clinical Quality Measurement (CQM) Capacity

29. What is the name of your current EHR/PMS system?
$\square$
30. What version of your EHR/EMR do you use? You can usually locate software version on the log-in screen.

31. In what year did you install your current EHR/EMR system?
$\square$
32. Does your practice have plans to install a new EHR/EMR system within the next 18 months?

〇yes
Maybe
No
Unknown
33. Where does your data physically reside? (choose one option)

$\square$
Data resides only on a server in your practiceData resides in a server in your practice and copy in the "cloud"
Data resides in the "cloud" with vendor
$\square$
Data resides in health system data warehouse somewhere
Don't know where data resides
34. For each clinical quality measure (CQM) listed below, please choose one option regarding your practice's ability to generate electronic data.

This definitions table describes how each CQM is defined. Please take a few moments to review these definitions before completing the questions below.

| Currently able to |
| :---: |
| generate data |


| NQF 0068 Ischemic Vascular Disease |
| :--- |
| (IVD): Use of Aspirin or Another |
| Antithrombotic |


| NQF 0018 Controlling High Blood |
| :--- |
| Pressure |
| NQF N/A Statin Therapy for the |
| Prevention and Treatment of |
| Cardiovascular Disease |
| NQF 0028 Preventive Care and |
| Screening: Tobacco Use: Screening |
| and Cessation Intervention |

35. Can your practice (or larger organization) report the above quality measures by clinician (MD, DO, NP, PA)?

Oyes
$\bigcirc^{\mathrm{No}}$
36. Can your practice (or larger organization) report the above quality measures at the practice level?

〇yes
○o

## Healthy Hearts Northwest Practice Survey

## CQM Reporting \& EHR Capacity

The following questions ask about your Electronic Health Record (EHR) and clinical quality measure (CQM) reports.
37. Is your practice able to incorporate clinical lab-test results into the EHR as structured data (i.e., data recorded in discrete fields and not in text fields )?
©Yes
№
38. Do you share patient health information such as lab results, imaging reports, problem lists, or medication lists electronically (not faxed) with other providers, such as hospitals, ambulatory providers, or labs?
〇yes
No
39. Have you ever produced a CQM report broken up by race or ethnicity?

Oyes
No
40. Does your practice document patient age in your EHR?Yes
No (skip to question 40)
41. If yes to question 39, have you ever produced a CQM report broken up by age groups?

〇Yes
$\bigcirc^{N o}$
42. Has your practice ever run a CQM report that was NOT a standard report provided by your EHR vendor?
$\bigcirc \mathrm{Yes}$
ONo
43. Can you generate reports for historical periods (for example, last quarter or year)?
$\bigcirc Y e s$
ONo
44. Rate your confidence generating CQM reports in your practice.

1-Not at all confident
$\Omega^{2}$
$\bigotimes^{3}$
$\Omega^{4}$
5-Extremely confident
45. When you have CQM reports for your practice, how much do you trust the data contained in them?
© - No trust at all
$\Omega^{2}$
$\bigcirc^{3}$
$\bigcirc^{4}$
5-Complete trust
46. If you contact your vendor for help producing CQM reports, is there an additional fee?
©Yes
〇No
47. Overall, how satisfied or dissatisfied are you with your EHR system?
$\bigcirc$ Very satisfied
Somewhat satisfied
Somewhat dissatisfied
$\bigcirc$ Very dissatisfied
48. Does your EHR vendor help extract data and clinical quality measures?

Yes and there are restrictions (e.g. a contract saying they own data that prevent data sharing or customizing reports)
Yes and there are no restrictions
$\mathrm{O}^{\mathrm{no}}$
Not applicable
Uunknown

## Healthy Hearts Northwest Practice Survey

## CQM Reporting \& EHR Capacity Continued...

Now, we would like you to answer some questions about how your practice externally reports on clinical quality measures and how your practice payment may be adjusted according to performance on the measures.
49. Are data on the clinical quality of care provided by your practice or its clinicians publicly reported by health plans or other external entities?
$\bigcirc \mathrm{Yes}$
$\bigcirc$ No
Don't know
50. If yes to previous question, during meetings in your practice, how often - if ever - are these data or reports about clinical quality from health plans or other external entities discussed?

51. Does your practice work with the following
organizations/networks to support capture of EHR/EMR data used to report clinical quality measures? (Check all that apply)

|  | Check if yes |
| :--- | :--- |
| Clinical data warehouse | $\square$ |
| Regional extension center | $\square$ |
| Health system practice |  |
| network | $\square$ |
| Health information exchange | $\square$ |
| Primary care association | $\square$ |
| Hospital network | $\square$ |
| External consulting group | $\square$ |
| Practice-based research |  |
| network | $\square$ |

## HEALTHY HEARTS NORTHWEST

## Healthy Hearts Northwest Practice Survey

## Registries

Next, we would like to understand how your practice uses registries and clinical guidelines for cardiovascular disease prevention. Please consult with the lead clinician at your practice to answer these questions.
52. Please indicate the categories of patients for which your practice uses a registry or receives reports that identify services due, gaps in care, or track progress: (Check all that apply)
Ischemic vascular disease
Hypertension
High cholesterol
Diabetes
Herevention services
We do not use registries or receive such reports
53. Please identify how your practice uses clinical guidelines forcardiovascular disease prevention (for example, use of aspirin or antithrombotics for those with ischemic vascular disease or smoking cessation counseling): (check all that apply)

| Practice does not follow specific guidelines | Check if Yes |
| :--- | :--- |
| Guidelines are posted or have been distributed |  |
| Clinicians have agreed to use specific guidelines |  |
| Practice uses standing orders |  |
| Practice uses EHR provider guideline-based prompts and reminders |  |

## Healthy Hearts Northwest Practice Survey

## Registries Continued...

54. Please identify how your practice uses clinical guidelines for management of patients at risk for cardiovascular disease
(e.g., statin use among those at risk). Check all that apply.

| Practice does not follow specific guidelines | Check if Yes |
| :--- | ---: |
| Guidelines are posted or have been distributed |  |
| Clinicians have agreed to use specific guidelines |  |
| Practice uses standing orders |  |
| Practice uses EHR provider guideline-based prompts |  |
| and reminders |  |

## HEALTHY HEARTS <br> NORTHWEST

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## Healthy Hearts Northwest Practice Survey

## QI Initiatives

Now we would like to know about Quality Improvement initiatives (other than Healthy Hearts Northwest) that you have been offered.
55. At present or within the past 12 months, has your practice participated in any of the following payment or quality demonstration programs? (Check all that apply)

| SIM - State Innovation Models initiative |
| :--- |
| CPCI - Comprehensive Primary Care Initiative |
| TCPI-Transforming Clinical Practice Initiative; SAM-Support Alignment Network |
| CHW training program - Community Health Worker training program |
| BC/BS PCMH program |
| ASTHO's Million Hearts State Learning Collaborative |
| Million Hearts: Cardiovascular Disease Risk Reduction Model |
| Other |

Please specify other:
$\square$

## HEALTHY HEARTS <br> NORTHWEST

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## Healthy Hearts Northwest Practice Survey

## Performance Incentives

56. Medicare and Medicaid offered incentives to practices that demonstrate "meaningful use of health IT." Did your practice apply for Stage 1 of these these incentive payments?
$\bigcirc$ Yes
No we did not apply (skip next question)
Uncertain (skip next question)
57. If yes, are there plans to apply for Stage 2 incentive payments?
$\bigcirc Y e s$
$\bigcirc$ No
$\bigcirc$ Maybe
Unknown
58. Over the past 12 months, did your practice or individual clinicians in your practice receive additional revenue or payments from a health plan, public payer, or health system based on measurement of performance on the following measures:

Measures of patient satisfaction
Measures of clinical quality
Measurement of performance of adoption or use of information tech
Yes No Don't know
59. Over the past 12 months, did your practice receive better contracts (for example, better payment, preferred status) with health plans for its performance on measurements of patient satisfaction and/or clinical quality?
$\bigcirc \mathrm{Yes}$
ONo
OUnknown
60. Over the past 12 months, did your practice or the individual clinicians in your practice receive additional income from health plans based on efficient utilization of resources?
$\bigcirc Y e s$
ONo
Unknown
61. If yes, what percent of your practice's annual revenue did these additional payments for efficient utilization of resources constitute?

Percentage $\square$
62. Over the past 12 months has your practice received the following forms of bonus or incentive payments? (Check all that apply)

| Geographic health care professional shortage area | Check if Yes |
| :--- | :--- |
| Medicare primary care incentive payment |  |
| Medicare care coordination payment |  |
| Other |  |

Other (please specify)
$\square$

## Healthy Hearts Northwest Practice Survey

## Patient Characteristics

63. Now, we will ask you about your practice's patients. Ideally, use patient self-report data from your Electronic Health Record (EHR) or Practice Management System (PMS), and use estimates if necessary.

Do your patients self-report race/ethnicity?
$\bigcirc$ Yes
No
64. Does your practice enter race/ethnicity into your EHR or PMS?
$\bigcirc$ Yes
No
65. Please give the percentage of your patients in the following categories: (should add to 100\%) \% White
$\square$
\% Black/African American
$\square$
\% American Native or Alaska Native
$\square$
\% Asian
$\square$
\% Native Hawaiian or Other Pacific Islander
$\square$
\% Some Other Race/ Mixed Race
$\square$
\% Unknown
$\square$
Mark X if your practice does not collect this information
$\square$
Please provide notes on outliers/estimations
$\square$
66. Please give the percentage of your patients in the following categories: (should add to 100\%)
\% Hispanic or Latino $\square$
\% Non-Hispanic or non-Latino $\qquad$
\% unknown $\square$
Mark X if your practice does not collect
this information $\square$
Please provide notes on outliers/estimations $\qquad$
67. Please give the percentage of your patients in the following age categories: (should add to 100\%)
\% Ages 0-17

\% Ages 18-39 $\square$
\% Ages 40-59 $\square$
$\square$
\% Ages 60-75
\% Ages 76 and over $\square$
\% Ages unknown $\square$
Mark X if your practice does not collect this information $\qquad$
Please provide notes on outliers/estimations $\square$
68. Please give the percentage of your patients in the following gender categories: (should add to 100\%)

| \% Male | $\square$ |
| :--- | :--- |
| \% Female | $\square$ |
| \% Unknown | $\square$ |

Mark X if your practice does not collect
this information $\square$
Please provide notes on outliers/estimations $\square$
69. Please give the approximate percentage of your patients in the following payer categories: (should add to $100 \%$ )
\% Medicare only
\% Medicaid only $\square$
\% Dual Medicare and Medicaid $\square$
\% Private or commercial $\square$
\% No insurance $\square$
\% Other $\square$
If Other, please specify:
$\square$
$\square$
PLease provide information on outliers/estimations $\square$
70. Has your practice been designated as a medically underserved area (MUA) or medically underserved population (MUP) by the Health Resources and Service Administration (HRSA)?
Yes
O ${ }^{\text {No }}$

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## Healthy Hearts Northwest Practice Survey

Last page, thank you!!!
71. Please indicate others in the practice that you consulted with to complete this survey? (Check all that apply)


Other please specify:
$\square$
72. We'd appreciate any feedback you may have on the survey, any questions or wording that you found difficult or confusing, and anything else you want to tell us about your practice. Thanks!
$\square$

Please click "done" below if you are ready to submit all your answers.

If you need to gather more information, simply close out of your browser. Log back in later using the link in your email invitation, and all your information will be saved.

Your practice facilitator will receive this information and will be contacting you shortly with next steps.
THANK YOU!!

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