



CHCANYS DEFINING NEW DIRECTIONS
Community Health Care Association of New York State

HealthyHearts NYC

Primary Care Partnerships Advancing Heart Health

A three-year project funded by the Agency for Healthcare
Research and Quality

Clinical Quality Improvement
August 18, 2015





välkommen **Bem-vindo** Kuwakaribisha आपका स्वागत है
خوش آمدی **Welkom** **Soo dhawow** hoşgeldin
Rozh-bash 欢迎 *bienvenido*
benvenuto

kaabo **welcome** 歡迎
mauya **Witam**

مرحباً *Bienvenue* 환영 Добро пожаловать
accueil *croeso* laipni lūdzam ਸੁਆਗਤ
Willkommen willkommen *καλωσόρισμα*

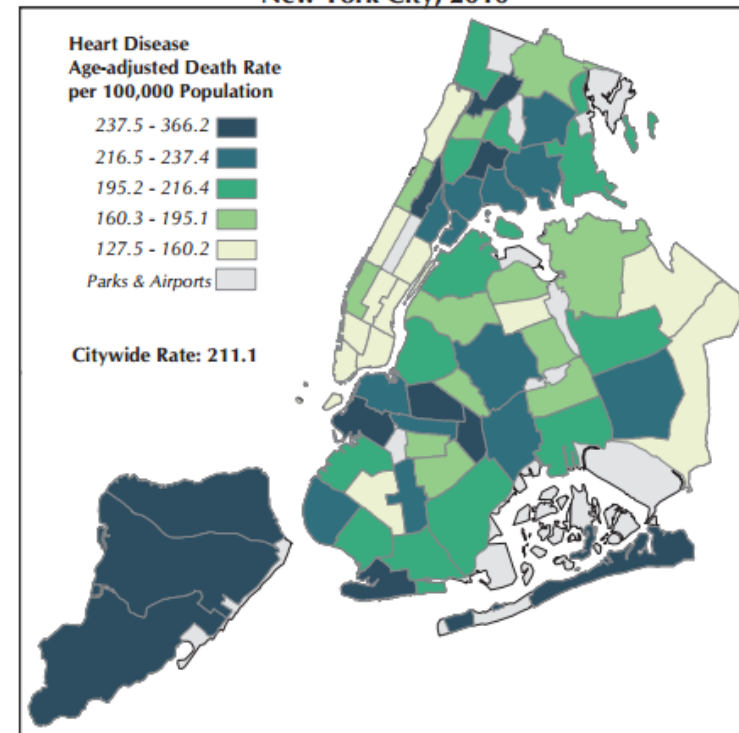
Agenda

- Welcome and Introductions
- Project Summary
- Project Goal and Measures
- Eligibility Criteria
- Engagement & Benefits of Participation
- Next Steps & Wrap Up

Heart Disease in NYC

- Heart disease remains the leading cause of death in New York City
- More than **18,000 New Yorkers** die from heart disease and stroke each year
- New Yorkers have a high prevalence of cardiovascular disease risk factors:
 - **28%** of New Yorkers suffer from **hypertension**
 - **29%** suffer from **high cholesterol**
 - **16%** currently smoke

Map M2. Heart Disease Age-adjusted Death Rate by Community District of Residence, New York City, 2010



EvidenceNow: Advancing Heart Health in Primary Care

- 3-year AHRQ grant with 1-year intensive on-site activity
 - Partnerships with NYU, PCIP and CHCANYS
 - Adopt the ABCS of cardiovascular disease prevention
 - NYC FQHCs engagement
 - Onsite QI support and technical assistance

Project Goal

- Ensure that primary care sites have the support and resources they need to help their patients adopt the ABCS of cardiovascular disease prevention

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Project Measures

- Improving adherence to ABCS:
 - **A**spirin when appropriate
 - **B**lood pressure control
 - **C**holesterol management
 - **S**moking cessation

Aspirin when appropriate

Measure:

Percentage of patients aged 18 years and older with Ischemic Vascular Disease with documented use of aspirin or other antithrombotic.

Blood Pressure Control

Measure:

Percentage of patients aged 18-85 years of age with a diagnosis of hypertension (HTN) and whose blood pressure (BP) was adequately controlled (<140/90)

- age 18-59 and/or people with diabetes or chronic kidney disease with blood pressure <140/90
- age 60-85 with blood pressure <150/90



Cholesterol Management

Measure:

1. Percentage of patients aged 20 through 79 years of age who had a fasting LDL test performed and whose risk-stratified fasting LDL is at or below the recommended LDL goal
2. Percentage of patients aged 20 through 79 years of age who had a LDL test performed and who are prescribed a recommended dose of statin based on risk status if indicated.



Smoking Cessation

Measure:

Percentage of patients aged 18 years or older who were screened about tobacco use one or more times within 24 months AND who received cessation counseling intervention if identified as a tobacco user

Site Eligibility Criteria

- Be located in NYC
- Offer adult primary care services with ≤ 10 FTE health care providers (MD, NP, PA)
- Have implemented their EHR platform for > 1 year
- Have no plans to change their EHR platform in the next 18 months
- Be currently connected to the Center for Primary Care Informatics (CPCI)
- Not currently receiving or planning to receive external support for QI related to CVD

Site Engagement

- In-person kick-off learning session in October
- Onsite practice facilitation and technical assistance
- Expert consultations
- Webinars and Quarterly learning calls
- Phone and email support

Benefits of Participation

- Implementation of best practices and evidence-based practice guidelines
- Alignment with other QI initiatives e.g. MU, PCMH, DSRIP
- Leveraging the Center for Primary Care Informatics (CPCI) as your HIT resource to create workflow efficiencies
- Eligible to receive an honorarium of \$5,000

Interested? Join *HealthyHearts NYC*

Please contact:

HealthyHeartsNYC@chcanys.org



Next Steps

- Join *HealthyHearts NYC* today
- Complete Self Screening tool
- Identify project champion and QI team
- Participate in kick-off learning session
- Receive QI support and resources

Next Steps

Contact us to see if you're eligible

-or-

Complete Self Screening tool

<https://www.surveymonkey.com/r/CCJKH5Q>

Resources & Links

- **EvidenceNow**
 - <http://www.ahrq.gov/professionals/systems/primary-care/evidencenow.html>
- **Million Hearts campaign**
 - <http://www.heart.org/HEARTORG/>
- **CHCANYS**
 - <http://www.chcanys.org/index.php?src=gendocs&ref=HealthyHearts%20NYC&category=Clinical%20Quality%20Initiatives>
- **Site eligibility screening survey**
 - <https://www.surveymonkey.com/r/CCJKH5Q>



Questions?

