

Health Literacy Assessment Quiz

We would like to get a sense of your knowledge and understanding about health literacy. Please complete this brief quiz that assesses some key facts about health literacy.

1. Which is an example of health literacy?
(Choose all that apply)
 - A. When people can read and understand health information.
 - B. When people can act on health information to make informed decisions.
 - C. When organizations make sure that people can find the health information they need.
 - D. When organizations ensure that people can equitably access and use health services.
2. More people have low numeracy (difficulty understanding and using numbers) than low literacy (difficulty reading and writing) True or False?
 - A. True
 - B. False
3. What can happen when health literacy is not addressed?
 - A. Medication errors.
 - B. Fewer preventive services.
 - C. More hospitalizations.
 - D. Bad health outcomes.
 - E. A and B.
 - F. All of the above.
4. You can tell how health literate a person is by knowing what grade they completed in school. True or False?
 - A. True
 - B. False

5. Which of the following skills are components of health literacy?
(Choose all that apply)
- A. Ability to understand and use numbers.
 - B. Reading skills.
 - C. Speaking skills.
 - D. Ability to understand what is said.
 - E. Writing skills.
 - F. All the above.
6. Being anxious affects a person's ability to absorb, recall, and use health information effectively. True or False?
- A. True
 - B. False
7. What is the average reading level of U.S. adults?
- A. 4th-5th grade
 - B. 6th-7th grade
 - C. 8th-9th grade
 - D. 10th-11th grade
 - E. 12th grade
8. To use good health literacy practices, staff and clinicians should use which of the following words/phrases when talking to or writing instructions for a patient or family member?

Circle the word/phase in either Option 1 or 2 in each row

Option 1	OR	Option 2
a. Bad	OR	Adverse
b. Hypertension	OR	High Blood Pressure
c. Blood Glucose	OR	Blood Sugar
d. You have the flu.	OR	Your flu test was positive.
e. The cardiologist is Dr. Brown.	OR	The heart doctor is Dr. Brown.
f. Your appointment is at 11:00 AM. Check in 20 minutes early.	OR	Arrive at 10:40 AM to check in.

9. It is a good health literacy practice to assume that each patient you communicate with has limited health literacy. True or False?
- A. True
 - B. False
10. How do you know when patients understand?
(Choose all that apply.)
- A. When they nod or say yes when you ask if they understand.
 - B. When they ask questions.
 - C. When they describe in their own words what they learned.
 - D. When they can show you how they'll take their medicine.
 - E. You can't know.
11. What strategies could all of us adopt to make sure that we are clear and minimize misunderstanding for patients?
-
-

Health Literacy Assessment Quiz

Answer Key

Question Number and Answers

1. A, B, C, and D
2. A – True
3. F
4. B – False
5. F
6. A – True
7. C
8. a. Option 1 – Bad
b. Option 2 – High Blood Pressure
c. Option 2 – Blood Sugar
d. Option 1 – You have the flu.
e. Option 2 – The heart doctor is Dr. Brown.
f. Option 2 – Arrive at 10:40 AM to check in.

9. A – True
10. C and D
11. Answer Open-ended