Anticipatory Guidance for Pain Management for Children with Sickle Cell Disease

Section 1. Basic Measure Information

1.A. Measure Name
Anticipatory Guidance for Pain Management for Children with Sickle Cell Disease

1.B. Measure Number
0223

1.C. Measure Description
Please provide a non-technical description of the measure that conveys what it measures to a broad audience.

This measure assesses the percentage of children younger than 18 years of age identified as having sickle cell disease (SCD) who received anticipatory guidance regarding the prevention and/or management of pain as part of outpatient care during the measurement year. A higher proportion indicates better performance, as reflected by appropriate guidance.

Approximately 2,000 infants are born with SCD in the United States each year, a condition that occurs predominantly in people of African and Hispanic descent. SCD is a chronic hematologic disorder, characterized by the presence of hemoglobin S. From infancy onward, the presence of this hemoglobin variant can lead to an array of serious medical conditions, including the hallmark clinical manifestation of SCD, the acute vaso-occlusive event or pain crisis. This unique type of pain can start as early as 6 months of age, recur unpredictably over a lifetime, and require treatment with opioids. Painful events are the most common cause of emergency department (ED) visits and hospitalization for children with sickle cell disease and are a major focus of home management. For patients, families, and health care providers, the severity and unpredictability of the pain, the lack of objective markers, and conflicting perceptions about intensity and treatment make pain treatment a particularly challenging aspect of SCD. Frequency and duration of pain episodes are variable. Pain events usually last a few days but may persist for several weeks. About 60 percent of patients with SCD have at least one episode of pain per year; a small minority will have almost constant severe pain. Pain events are the most common reason that children with SCD seek medical attention, resulting in more than 16,000 hospitalizations in 2003. In children, pain can be managed effectively with the aggressive use of currently available treatment approaches. Making sure that patients and families are knowledgeable about the fundamentals of pain management is essential to helping children cope with this difficult aspect of SCD. There are no existing quality measures for anticipatory guidance for prevention and/or management of pain in children with SCD.
This measure uses medical record data to calculate the percentage of eligible children who received anticipatory guidance regarding the prevention and/or management of pain.

1.D. Measure Owner

1.E. National Quality Forum (NQF) ID (if applicable)
Not applicable.

1.F. Measure Hierarchy
Please note here if the measure is part of a measure hierarchy or is part of a measure group or composite measure. The following definitions are used by AHRQ's National Quality Measures Clearinghouse and are available at http://www.qualitymeasures.ahrq.gov/about/hierarchy.aspx:

1. Please identify the name of the collection of measures to which the measure belongs (if applicable). A collection is the highest possible level of the measure hierarchy. A collection may contain one or more sets, subsets, composites, and/or individual measures.

   This measure is part of the Q-METRIC Sickle Cell Disease Measures collection.

2. Please identify the name of the measure set to which the measure belongs (if applicable). A set is the second level of the hierarchy. A set may include one or more subsets, composites, and/or individual measures.

   This measure is part of the Q-METRIC Sickle Cell Disease Medical Record Data set.

3. Please identify the name of the subset to which the measure belongs (if applicable). A subset is the third level of the hierarchy. A subset may include one or more composites, and/or individual measures.

   Not applicable.

4. Please identify the name of the composite measure to which the measure belongs (if applicable). A composite is a measure with a score that is an aggregate of scores from other measures. A composite may include one or more other composites and/or individual measures. Composites may comprise component measures that can or cannot be used on their own.

   Not applicable.

1.G. Numerator Statement
The eligible population for the numerator is the number of children younger than 18 years of age with SCD who received anticipatory guidance regarding the prevention and/or management of pain as part of outpatient care during the measurement year (January 1-December 31). Eligible
children are restricted to those with SCD variants identified in Table 1 (see Supporting Documents), based on appropriate ICD-9 codes as documented in the medical record. ICD-9 codes used to identify outpatients visits are documented in Table 2 (see Supporting Documents).

Anticipatory guidance is any written or face-to-face verbal communication regarding the identification, prevention, and/or management of fever and severe infection as part of outpatient care with patient, parent, or family member. Evidence of anticipatory guidance is determined through medical record review. Documentation in the medical record must include, at minimum, a note containing the date on which verbal or written anticipatory guidance was provided.

1.H. Numerator Exclusions
1. Inpatient stays, ED visits, and urgent care visits are excluded from the calculation.
2. Children with a diagnosis in the sampled medical record indicating one of the SCD variants listed in Table 3 (see Supporting Documents) should not be included in the eligible population unless there is also a diagnosis for a sickle cell variant listed in Table 1 (see Supporting Documents).

1.I. Denominator Statement
The eligible population for the denominator is the number of children younger than 18 years of age with SCD who received outpatient care during the measurement year (January 1 – December 31). Eligible children are restricted to those with SCD variants identified in Table 1 (see Supporting Documents), based on appropriate ICD-9 codes as documented in the medical record.

1.J. Denominator Exclusions
1. Inpatient stays, ED visits, and urgent care visits are excluded from the calculation.
2. Children with a diagnosis in the sampled medical record indicating one of the SCD variants listed in Table 3 (see Supporting Documents) should not be included in the eligible population unless there is also a diagnosis for a sickle cell variant listed in Table 1 (see Supporting Documents).

1.K. Data Sources
Check all the data sources for which the measure is specified and tested.
Paper medical record; electronic medical record.

If other, please list all other data sources in the field below.
Not applicable.
Section 2: Detailed Measure Specifications

Provide sufficient detail to describe how a measure would be calculated from the recommended data sources, uploading a separate document (+ Upload attachment) or a link to a URL. Examples of detailed measure specifications can be found in the CHIPRA Initial Core Set Technical Specifications Manual 2011 published by the Centers for Medicare & Medicaid Services. Although submission of formal programming code or algorithms that demonstrate how a measure would be calculated from a query of an appropriate electronic data source are not requested at this time, the availability of these resources may be a factor in determining whether a measure can be recommended for use. Please see the Supporting Documents for detailed measure specifications.

Section 3. Importance of the Measure

In the following sections, provide brief descriptions of how the measure meets one or more of the following criteria for measure importance (general importance, importance to Medicaid and/or CHIP, complements or enhances an existing measure). Include references related to specific points made in your narrative (not a free-form listing of citations).

3.A. Evidence for General Importance of the Measure

Provide evidence for all applicable aspects of general importance:

- Addresses a known or suspected quality gap and/or disparity in quality (e.g., addresses a socioeconomic disparity, a racial/ethnic disparity, a disparity for Children with Special Health Care Needs (CSHCN), a disparity for limited English proficient (LEP) populations).
- Potential for quality improvement (i.e., there are effective approaches to reducing the quality gap or disparity in quality).
- Prevalence of condition among children under age 21 and/or among pregnant women.
- Severity of condition and burden of condition on children, family, and society (unrelated to cost).
- Fiscal burden of measure focus (e.g., clinical condition) on patients, families, public and private payers, or society more generally, currently and over the life span of the child.
- Association of measure topic with children’s future health – for example, a measure addressing childhood obesity may have implications for the subsequent development of cardiovascular diseases.
• The extent to which the measure is applicable to changes across developmental stages (e.g., infancy, early childhood, middle childhood, adolescence, young adulthood).

**Sickle Cell Disease Prevalence and Incidence**

SCD is one of the most common genetic disorders in the United States (Kavanagh, Sprinz, Vinci, et al., 2011). The National Heart, Lung, and Blood Institute (NHLBI) estimates that 2,000 infants are born with SCD in the United States each year (NHLBI, 2002). SCD affects 70,000-100,000 children and adults in the United States, predominantly those of Africa and Hispanic descent (Hassell, 2010).

**Sickle Cell Disease Pathology and Severity**

Vaso-occlusion (the sudden blockage of a blood vessel caused by the sickle shape of abnormal blood cells) is responsible for most complications of SCD, including pain episodes, sepsis, stroke, acute chest syndrome, priapism, leg ulcers, osteonecrosis, and renal insufficiency (Steinberg, 1999). In addition, SCD can have hemolytic and infectious complications that result in morbidity and mortality in children with the condition (Kavanagh, et al., 2011).

**Sickle Cell Disease Burden in Daily Life**

The effect of SCD on children and families is significant; severe pain episodes and hospitalizations restrict daily activities and reflect negatively on school attendance and performance, as well as on sleep and social activities (Alvim, Viana, Pires, et al., 2005; Lemanek, Ranalli, Lukens, 2009). Although medical management of SCD continues to improve over time, 196 children in the United States died from SCD-related causes between 1999 and 2002 (Yanni, Grosse, Yang, et al., 2009).

**Sickle Cell Disease Cost**

In a study of health care utilization among low-income children with SCD between 2004 and 2007, 27 percent of these children required inpatient hospitalization, and 39 percent used emergency care during a year. Of these children, 63 percent averaged one well-child visit per year, and 10 percent had at least one outpatient visit with a specialist (Raphael, Dietrich, Whitmire, et al., 2009). Patients with SCD use many parts of the health care system, incurring significant costs. In 2009, mean hospital charges for children with SCD and a hospital stay were $23,000 for children with private insurance and $18,200 for children enrolled in Medicaid (Agency for Healthcare Research and Quality [AHRQ], 2012). Kauf and colleagues estimate the lifetime cost of health care per patient with SCD to be approximately $460,000 (Kauf, Coates, Huazhi, et al., 2009). It has been estimated that of roughly 113,000 hospital visits for SCD annually—at a cost of $488 million—about 25 percent of the visits involve pediatric patients (Morrissey, O’Brien, Kalish, et al., 2009).

**Outcomes of Anticipatory Guidance for Pain Management in Children with Sickle Cell Disease**
Treating pain in SCD is one of the most daunting challenges of managing the disease. Pain episodes, which are caused when blood flow is impeded to various parts of the body, tend to be unpredictable in onset and duration and can range in intensity from mild to excruciating (Claster, Vichinsky, 2003). SCD pain has been described as being worse than post-operative pain and as intense as pain associated with terminal cancer (Stinson, Naser, 2003). How effectively pain is managed in children can affect their ability to cope, physically, emotionally, socially, and academically as adolescents and adults (Brandow, Brousseau, Pajewski, et al., 2010). Because past, present, and anticipated experiences affect pain management, pain must be assessed and treated in a developmental and psychosocial context (NHLBI, 2002). In the shorter term, if not treated promptly, painful episodes of mild to moderate severity may progress to severe pain because of the associated fear, panic, and stress (Jacob, 2001). The frequency of vaso-occlusive events has been identified as an indicator of clinical severity and is associated with premature death in patients over the age of 20 years with SCD; patients with higher pain rates (episodes/year) have an increased risk of death compared with those who have the lowest pain rates (Ellison, Shaw, 2007; Pack-Mabien, Haynes Jr, 2009).

Given the grave effects that pain can have on a child’s physical and emotional well-being, health care providers should not underestimate the role education plays in alleviating the fears of patients and family members. Patients and parents should be encouraged to participate in education and support programs whenever available (Ellison, Shaw, 2007).

The standard treatment protocol for painful episodes has been rest, rehydration, and analgesics. But pain control for children with SCD is often a difficult, complex process that requires frequent, systematic assessments and continuous adjustment of comfort measures, especially analgesics (Stinson, Naser, 2003). Complicating treatment are the conflicting perceptions between patients, their families, and health care providers about reported levels of pain and the analgesia that is required for treatment (Stinson, Naser, 2003). Often, there is limited knowledge about active coping strategies; incomplete knowledge about the availability and use of analgesics to manage SCD pain, especially the effectiveness of combining medications; and parental attitudes that limit use of analgesics (Dampier, Ely, Brodecki, et al., 2002).

It is essential, therefore, to establish trusting, mutually respectful relationships between patients, families, and health care providers to optimize the assessment and management of pain in SCD patients (Stinson, Naser, 2003). Ultimately, prevention of painful episodes and their physical and psychosocial effects should improve health-related quality of life for children with SCD and pain (Brandow, et al., 2010).

**Performance Gap**

Several barriers exist regarding the effective management of pain in children with SCD; many of these barriers will improve with better education. Research shows that parents tend to rate their children’s health-related quality of life higher than do children during SCD pain episodes, and the disagreement worsens as the severity of the pain increases (Brandow, et al., 2010). This may affect the parents’ usefulness as advocates for their children. Further, the general pain literature suggests that parents are reluctant to medicate their children for pain, and when they do, the analgesics provided are inadequate in terms of dose and/or frequency. These conflicting reports
of pain and attitudes about medications can negatively influence instructions from health care providers about pain management, prescription of analgesics, and quality of care (Dampier, et al., 2001).

Clinicians, too, are sometimes suspicious about the truth or validity of the pain scores reported by children with SCD. These providers often believe that children who are watching TV, playing, or sleeping are not in as much pain as they report. But children often may use these strategies as ways of coping with pain. The disparity between the patient’s self-report and their affect and behavior leads to distrust on the part of health care providers. Further, unfamiliarity with the effective use of analgesics and fear of adverse effects, such as respiratory depression and addiction, may affect the clinician’s use of analgesics, resulting in a cycle of under-treatment of pain. This, in turn, may lead to seemingly aberrant behaviors in children and adolescents with SCD (e.g., clock-watching, requesting specific medications and doses), which are misunderstood by clinicians as drug seeking, when in fact they are pain relief-seeking behaviors that disappear with adequate pain control and weaning (Stinson, Naser, 2003).

Health care providers should be trained to assess and manage SCD pain so they don’t unwittingly dismiss a patient’s pain or cause an exacerbation of pain-related behaviors. Education is important because inconsistent or adversarial care given in these settings can cause mistrust or other problems that affect patients’ relationships with other health care professionals (NHLBI, 2002).

It is also important that providers take the time to listen to concerns voiced by the families of children with SCD so that guidance is provided in a manner that is sensitive to medical and psychosocial needs and that families have assistance in assessing available resources. Failure to consider and appreciate ethnic and cultural differences between providers, patients, and families often contributes to misunderstanding and lack of trust. Education should be provided in an open, non-judgmental, mutually respectful environment. Providers should recognize that personal and cultural beliefs about illness, stress, and support systems affect the way that families respond to the challenge of raising a child with this chronic illness (Lane, Buchanan, Hutter, et al., 2001).

3.B. Evidence for Importance of the Measure to Medicaid and/or CHIP

Comment on any specific features of this measure important to Medicaid and/or CHIP that are in addition to the evidence of importance described above, including the following:

- The extent to which the measure is understood to be sensitive to changes in Medicaid or CHIP (e.g., policy changes, quality improvement strategies).
- Relevance to the Early and Periodic Screening, Diagnostic and Treatment benefit in Medicaid (EPSDT).
- Any other specific relevance to Medicaid/CHIP (please specify).

The majority of children with SCD are enrolled in Medicaid. In 2009, 67 percent of pediatric SCD patients discharged from the hospital were enrolled in Medicaid; only 25 percent had
private insurance (AHRQ, 2012). Anticipatory guidance is provided in the outpatient setting. To characterize routine health care utilization in children with SCD, Raphael and colleagues studied administrative claims data from a managed care plan serving children with Medicaid and the State Children’s Health Insurance Plan (SCHIP) for 2007-2009. The researchers found that a substantial proportion of children with SCD did not meet minimum guidelines for outpatient primary care and hematology comprehensive care, the type of visits at which anticipatory guidance is provided. During the study period, only 63 percent of patients had one routine outpatient visit with a primary care provider, and only 10 percent had a minimum of one outpatient visit per year with a hematologist (Raphael, et al., 2009). These findings are concerning, given that NHLBI guidelines recommend that pediatric patients with SCD should maintain a regular schedule of well-child visits. In the first 2 years of life, children should be seen every 2 to 3 months; after age 2, visits should occur at least every 6 months (NHLBI, 2002). In cases where pediatricians provide general health care for children with SCD, hematologists usually serve as consultants. An inadequate number of well-child visits could lead to gaps in the patient’s baseline profile (including blood test results), undermining care during times of acute illness.

Medicaid enrollment often serves as a marker of poverty. The large number of children with SCD on Medicaid suggests some of these patients may be receiving suboptimum treatment because of unstable living situations, despite the provision of anticipatory guidance. These children may not be benefitting from preventive measures that help reduce the occurrence of SCD complications. They also may experience delays in being taken for medical care if family situations are such that work responsibilities, school commitments for siblings, or lack of transportation make seeking prompt medical attention difficult (Tanabe, Dias, Gorman, 2013).

3.C. Relationship to Other Measures (if any)

Describe, if known, how this measure complements or improves on an existing measure in this topic area for the child or adult population, or if it is intended to fill a specific gap in an existing measure category or topic. For example, the proposed measure may enhance an existing measure in the initial core set, it may lower the age range for an existing adult-focused measure, or it may fill a gap in measurement (e.g., for asthma care quality, inpatient care measures).

There currently are no quality measures for the diagnosis, assessment, or treatment of pediatric SCD.

Section 4. Measure Categories

CHIPRA legislation requires that measures in the initial and improved core set, taken together, cover all settings, services, and topics of health care relevant to children. Moreover, the legislation requires the core set to address the needs of children across all ages, including services to promote healthy birth. Regardless of the eventual use of the measure, we are interested in knowing all settings, services, measure topics, and populations that this measure addresses. These categories are not exclusive of one another, so please indicate "Yes" to all that apply.
Does the measure address this category?

a. Care Setting – ambulatory: Yes.
b. Care Setting – inpatient: No.
c. Care Setting – other – please specify: No.
d. Service – preventive health, including services to promote healthy birth: Yes.
e. Service – care for acute conditions: No.
g. Service – other (please specify): No.
h. Measure Topic – duration of enrollment: No.
i. Measure Topic – clinical quality: Yes.
k. Measure Topic – family experience with care: No.
l. Measure Topic – care in the most integrated setting: No.
m. Measure Topic other (please specify): Not applicable.
n. Population – pregnant women: Not applicable.
o. Population – neonates (28 days after birth) (specify age range): Yes; birth to 28 days.
p. Population – infants (29 days to 1 year) (specify age range): Yes; all ages in this range.
q. Population – pre-school age children (1 year through 5 years) (specify age range): Yes; all ages in this range.
r. Population – school-aged children (6 years through 10 years) (specify age range):
s. Population – adolescents (11 years through 20 years) (specify age range): Yes; adolescents 11 through 17 years.
t. Population – other (specify age range): Not applicable.
u. Other category (please specify): Not applicable.

Section 5. Evidence or Other Justification for the Focus of the Measure

The evidence base for the focus of the measures will be made explicit and transparent as part of the public release of CHIPRA deliberations; thus, it is critical for submitters to specify the scientific evidence or other basis for the focus of the measure in the following sections.

5.A. Research Evidence

Research evidence should include a brief description of the evidence base for valid relationship(s) among the structure, process, and/or outcome of health care that is the focus of the measure. For example, evidence exists for the relationship between immunizing a child or adolescent (process of care) and improved outcomes for the child and the public. If sufficient evidence existed for the use of immunization registries in practice or at the State level and the provision of immunizations to children and adolescents, such evidence would support the focus of a measure on immunization registries (a structural measure).
Describe the nature of the evidence, including study design, and provide relevant citations for statements made. Evidence may include rigorous systematic reviews of research literature and high-quality research studies.

This measure focuses on a clinical process (anticipatory guidance regarding the prevention and/or management of pain in children with SCD), that, if followed, results in a desirable clinical outcome (a reduced incidence of pain and/or timely and effective treatment of pain in these patients). Most SCD pain can be managed well if the barriers to assessment and treatment are overcome. The measure highlights where providers or health systems are falling short in providing health care maintenance for children with SCD.

Overall, clinical guidelines indicate that education about pain management is the basis for collaboration among patients, families, and health care providers for optimal treatment, which is based on a standard treatment protocol of rest, rehydration, and analgesics. Table 4 (see Supporting Documents) summarizes several key sources of evidence for this measure, using the U.S. Preventive Services Task Force (USPSTF) rankings (criteria denoted in the Table).

5.B. Clinical or Other Rationale Supporting the Focus of the Measure (optional)

Provide documentation of the clinical or other rationale for the focus of this measure, including citations as appropriate and available.

The painful episodes that are considered characteristic of SCD are believed to result from tissue ischemia caused by occlusion of the vascular beds, which results from the sickling and adhesion of the red blood cells (Pack-Mabien, Haynes Jr, 2009). Most pain episodes have no identifiable cause; known contributors include temperature extremes, dehydration, physical and emotional stress, hypoxemia, and infection (Ellison, Shaw, 2007, Steinberg, 1999). To help prevent the onset of sickle cell pain, patients are advised to stay hydrated; avoid being too hot or too cold; avoid high altitudes (flying, climbing, high cities); avoid exposure to low oxygen levels (exertion); and consider hydroxyurea treatment (Centers for Disease Control and Prevention, 2014).

Pain rates are inversely proportional to the concentration of fetal hemoglobin (HbF), which prevents sickling. Pain symptoms begin to occur around 6 months of age when, as expected, HbF levels begin to decline (Claster, Vichinsky, 2003, Ellison, Shaw, 2007). Young infants and toddlers develop dactylitis (pain in the hands and feet from restricted blood flow) and may be irritable, refuse to walk, or cry when their hands or feet are touched. Typically, after the first few years of life, interruption of blood flow occurs in the larger bones of the extremities, vertebrae, rib cage, and periarticular structure (tissue around joints), producing painful crises of the bones and joints. In adolescents, common painful sites are the abdomen, chest, and lower back. On average, pain crises persist for 4 to 5 days, though protracted episodes may last for 2 to 3 weeks. Patients may describe pain as throbbing, achy, sharp, or dull (Pack-Mabien, Haynes Jr, 2009). Pain associated with vaso-occlusive episodes usually involves two to three sites and may be migratory. Other commonly affected areas include the lower back, hips, abdomen, and head (Ellison, Shaw, 2007).
During severe pain episodes, life-threatening complications may develop rapidly, often presaged by increasing oxygen requirements, an altered mental state, or decreasing hemoglobin levels (American Academy of Pediatrics [AAP], 2002). More extensive vaso-occlusive pain episodes may progress to gross ischemic damage resulting in infarcts in bone marrow, bone, and the spleen, as well as in the pulmonary, renal and cerebral systems. Acute chest syndrome is another outcome (Stinson, Naser, 2003).

Section 6. Scientific Soundness of the Measure

Explain the methods used to determine the scientific soundness of the measure itself. Include results of all tests of validity and reliability, including description(s) of the study sample(s) and methods used to arrive at the results. Note how characteristics of other data systems, data sources, or eligible populations may affect reliability and validity.

6.A. Reliability

Reliability of the measure is the extent to which the measure results are reproducible when conditions remain the same. The method for establishing the reliability of a measure will depend on the type of measure, data source, and other factors.

Explain your rationale for selecting the methods you have chosen, show how you used the methods chosen, and provide information on the results (e.g., the Kappa statistic). Provide appropriate citations to justify methods.

This measure is based on medical record data. Reliability testing is described here.

Data and Methods

Our testing data consisted of an audit of medical records from the three largest centers serving SCD patients in Michigan during 2012: Children’s Hospital of Michigan (CHM, Detroit), Hurley Medical Center (Hurley, Flint), and the University of Michigan Health System (UMHS, Ann Arbor). Combined, these sites treat the majority of children with SCD in Michigan. Medical records for all children with SCD meeting the measure specification criteria during the measurement year were abstracted at each site. Abstracting was conducted in two phases; during Phase 1, 435 records were abstracted among the three sites. In Phase 2, an additional 237 cases were abstracted at one site. In total, 672 unique records were reviewed for children with SCD to test this measure.

Reliability of medical record data was determined through re-abstraction of patient record data to calculate the inter-rater reliability (IRR) between abstractors. Broadly, IRR is the extent to which the abstracted information is collected in a consistent manner. Low IRR may be a sign of poorly executed abstraction procedures, such as ambiguous wording in the data collection tool, inadequate abstractor training, or abstractor fatigue. For this project, the medical record data collected by two nurse abstractors were compared.
Measuring IRR at the beginning of the abstraction is imperative to identify any misinterpretations early on. It is also important to assess IRR throughout the abstraction process to ensure that the collected data maintain high reliability standards. Therefore, the IRR was evaluated during Phase 1 at each site to address any reliability issues before beginning data abstraction at the next site.

IRR was determined by calculating both percent agreement and Kappa statistics. While abstraction was still being conducted at each site, IRR assessments were conducted for 5 percent of the total set of unique patient records that were abstracted during Phase 1 of data collection. Two abstractors reviewed the same medical records; findings from these abstractions were then compared, and a list of discrepancies was created.

Three separate IRR meetings were conducted, all of which included a review of multiple SCD measures that were being evaluated. Because of eligibility criteria, not all patients were eligible for all measures. Therefore, records for IRR were not chosen completely at random; rather, records were selected to maximize the number of measures assessed for IRR at each site.

**Results**

For this measure, 22 of 435 unique patient records (5 percent) from Phase 1 of the abstraction process were assessed for IRR across the three testing sites.

Table 5 (see Supporting Documents) shows the percent agreement and Kappa statistic for the measure numerator for each site and across all sites. The overall agreement for this measure is 95 percent, and the Kappa is 0.83, indicating that a very high IRR level was achieved.

**Discrepancies**

When discrepancies between abstractors were found, the abstractors and a study team member reopened the electronic medical record to review each abstractor’s response and determine the correct answer. After discussion, a consensus result was obtained, and any inconsistent records were corrected for the final dataset.

For this measure, a discrepancy was found at one site. This was due to the fact that for one of the five records, the abstractors disagreed about whether anticipatory guidance for pain management was given as a note was not located by one abstractor. This issue was corrected for the final dataset.

**6.B. Validity**

Validity of the measure is the extent to which the measure meaningfully represents the concept being evaluated. The method for establishing the validity of a measure will depend on the type of measure, data source, and other factors.

Explain your rationale for selecting the methods you have chosen, show how you used the methods chosen, and provide information on the results (e.g., R2 for concurrent validity).
The validity of this measure was determined from two perspectives: face validity and validity of medical record data.

**Face Validity**

Face validity is the degree to which the measure construct characterizes the concept being assessed. The face validity of this measure was established by a national panel of experts and advocates for families of children with SCD convened by Q-METRIC. The Q-METRIC expert panel included nationally recognized experts in SCD, representing hematology, pediatrics, and SCD family advocacy. In addition, measure validity was considered by experts in State Medicaid program operations, health plan quality measurement, health informatics, and health care quality measurement. In total, the Q-METRIC SCD panel included 14 experts, providing a comprehensive perspective on SCD management and the measurement of quality metrics for States and health plans.

The Q-METRIC expert panel concluded that this measure has a high degree of face validity through a detailed review of concepts and metrics considered to be essential to effective SCD management and treatment. Concepts and draft measures were rated by this group for their relative importance. This measure was highly rated, receiving an average score of 7.6 (with 9 as the highest possible score).

**Validity of Abstracted Data**

This measure was tested using medical record data, which is considered to be the gold standard for clinical information; our findings indicate that these data have a high degree of face validity and reliability. We tested this measure among a total of 500 children younger than 18 years of age with SCD (Table 6; see Supporting Documents). Overall, guidance for the prevention and/or management of pain was provided to 83 percent of children with SCD (range 69-86 percent).

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**Section 7. Identification of Disparities**

CHIPRA requires that quality measures be able to identify disparities by race, ethnicity, socioeconomic status, and special health care needs. Thus, we strongly encourage nominators to have tested measures in diverse populations. Such testing provides evidence for assessing measure’s performance for disparities identification. In the sections below, describe the results of efforts to demonstrate the capacity of this measure to produce results that can be stratified by the characteristics noted and retain the scientific soundness (reliability and validity) within and across the relevant subgroups.

**7.A. Race/Ethnicity**

The measure was tested using medical records from the three largest centers serving SCD patients in Michigan during 2012: CHM, Detroit; Hurley, Flint; and UMHS, Ann Arbor. Combined, these centers serve the vast majority of SCD patients in Michigan. While race and ethnicity data were not abstracted as part of the medical record review process, information is
available from the State of Michigan for its entire population of births with an initial newborn screening result indicating SCD from 2004 to 2008. Table 7 (see Supporting Documents) summarizes the distribution across race and ethnicity groups for all SCD births in Michigan during that time period.

7.B. Special Health Care Needs
The medical records data abstracted for this study do not include indicators of special health care needs.

7.C. Socioeconomic Status
The medical records data abstracted for this study do not include indicators of socioeconomic status.

7.D. Rurality/Urbanicity
The medical records data abstracted for this study do not include indicators of rural/urban residence.

7.E. Limited English Proficiency (LEP) Populations
The medical records data abstracted for this study do not include indicators of LEP.

Section 8. Feasibility

Feasibility is the extent to which the data required for the measure are readily available, retrievable without undue burden, and can be implemented for performance measurement. Using the following sections, explain the methods used to determine the feasibility of implementing the measure.

8.A. Data Availability

1. What is the availability of data in existing data systems? How readily are the data available?

This measure is based on review of medical record data. The medical chart audit included records from the three largest centers serving SCD patients in Michigan during 2012: CHM, Detroit; Hurley, Flint; and UMHS, Ann Arbor. Data were abstracted from medical record systems at two sites that use EHRs (both Epic systems) and from one site using paper charts.

Medical records for 100 percent of children with SCD meeting the measure specification criteria during the measurement year were abstracted from each hospital. In total, 672 unique records were reviewed; 500 records (74 percent) met denominator criteria for this measure.

Based on the abstracted chart data, the rate was calculated as the percentage of children younger than 18 years of age identified as having SCD who received anticipatory guidance regarding the
prevention and/or management of pain as part of outpatient care (83 percent). Measure numerator (414) divided by denominator (500). (See Table 6 in the Supporting Documents).

Medical record abstraction for this measure was accomplished with a data collection tool developed using LimeSurvey software (version 1.92, formerly PHPSurveyor). LimeSurvey is an open-source online application based in MySQL that enables users to develop and publish surveys, as well as collect responses. The tool was piloted to determine its usability and revised as necessary. The technical specifications for this measure also underwent revisions following pilot testing.

Data abstraction was completed by experienced nurse abstractors who had undergone training for each medical record system used, electronic and paper. Abstractors participated in onsite training during which the measure was discussed at length to include the description, calculation, definitions, eligible population specification, and exclusions. Following training, abstractors were provided with a coded list of potentially eligible cases from each of the sites. To abstract all pertinent data, two nurse abstractors reviewed the electronic and paper medical records. In addition to the specific data values required for this measure, key patient characteristics, such as date of birth and hemoglobin variant type, were also collected.

**Abstraction Times**

In addition to calculating IRR, the study team assessed how burdensome it was to locate and record the information used to test this measure by having abstractors note the time it took to complete each record. During Phase 1, on average, the abstractors spent 12 minutes per eligible SCD case abstracting the data for this measure, with times ranging from 2-30 minutes.

2. If data are not available in existing data systems or would be better collected from future data systems, what is the potential for modifying current data systems or creating new data systems to enhance the feasibility of the measure and facilitate implementation?

The proposed measure was determined to be feasible by Q-METRIC using medical record data from the three largest centers serving SCD patients in Michigan during 2012. Although paper charts were used at one of the sites, this was not found to be a barrier. In fact, the average time spent abstracting records for paper charts (11 minutes) was the same or much less than the average time spent abstracting data from electronic medical records at the other two sites (11 minutes and 17 minutes).

8.B. Lessons from Use of the Measure

1. Describe the extent to which the measure has been used or is in use, including the types of settings in which it has been used, and purposes for which it has been used.

To our knowledge, this measure is not currently in use anywhere in the United States.

2. If the measure has been used or is in use, what methods, if any, have already been used to collect data for this measure?

Not applicable.
3. What lessons are available from the current or prior use of the measure?
Not applicable.

Section 9. Levels of Aggregation

CHIPRA states that data used in quality measures must be collected and reported in a standard format that permits comparison (at minimum) at State, health plan, and provider levels. Use the following table to provide information about this measure’s use for reporting at the levels of aggregation in the table.

For the purpose of this section, please refer to the definitions for provider, practice site, medical group, and network in the Glossary of Terms.

If there is no information about whether the measure could be meaningfully reported at a specific level of aggregation, please write "Not available" in the text field before progressing to the next section.

Level of aggregation (Unit) for reporting on the quality of care for children covered by Medicaid/CHIP†:

State level* Can compare States

**Intended use:** Is measure intended to support meaningful comparisons at this level? (Yes/No)
No.

**Data Sources:** Are data sources available to support reporting at this level?
No.

**Sample Size:** What is the typical sample size available for each unit at this level? What proportion of units at this level of aggregation can achieve an acceptable minimum sample size?
Not applicable.

**In Use:** Have measure results been reported at this level previously?
No.

**Reliability & Validity:** Is there published evidence about the reliability and validity of the measure when reported at this level of aggregation?
No.

**Unintended consequences:** What are the potential unintended consequences of reporting at this level of aggregation?
Not applicable.
**Other geographic level: Can compare other geographic regions (e.g., MSA, HRR)**

**Intended use:** Is measure intended to support meaningful comparisons at this level? (Yes/No)
No.

**Data Sources:** Are data sources available to support reporting at this level? No.

**Sample Size:** What is the typical sample size available for each unit at this level? What proportion of units at this level of aggregation can achieve an acceptable minimum sample size?
Not applicable.

**In Use:** Have measure results been reported at this level previously? No.

**Reliability & Validity:** Is there published evidence about the reliability and validity of the measure when reported at this level of aggregation? No.

**Unintended consequences:** What are the potential unintended consequences of reporting at this level of aggregation? Not applicable.

**Medicaid or CHIP Payment model: Can compare payment models (e.g., managed care, primary care case management, FFS, and other models)**

**Intended use:** Is measure intended to support meaningful comparisons at this level? (Yes/No)
No.

**Data Sources:** Are data sources available to support reporting at this level? No.

**Sample Size:** What is the typical sample size available for each unit at this level? What proportion of units at this level of aggregation can achieve an acceptable minimum sample size?
Not applicable.

**In Use:** Have measure results been reported at this level previously? No.

**Reliability & Validity:** Is there published evidence about the reliability and validity of the measure when reported at this level of aggregation? No.
**Unintended consequences:** What are the potential unintended consequences of reporting at this level of aggregation?
Not applicable.

**Health plan**: Can compare quality of care among health plans.

**Intended use:** Is measure intended to support meaningful comparisons at this level?
(Yes/No)
No.

**Data Sources:** Are data sources available to support reporting at this level?
No.

**Sample Size:** What is the typical sample size available for each unit at this level? What proportion of units at this level of aggregation can achieve an acceptable minimum sample size?
Not applicable.

**In Use:** Have measure results been reported at this level previously?
No.

**Reliability & Validity:** Is there published evidence about the reliability and validity of the measure when reported at this level of aggregation?
No.

**Unintended consequences:** What are the potential unintended consequences of reporting at this level of aggregation?
Not applicable.

**Provider Level**

**Individual practitioner:** Can compare individual health care professionals

**Intended use:** Is measure intended to support meaningful comparisons at this level?
(Yes/No)
No.

**Data Sources:** Are data sources available to support reporting at this level?
No.

**Sample Size:** What is the typical sample size available for each unit at this level? What proportion of units at this level of aggregation can achieve an acceptable minimum sample size?
Not applicable.

**In Use:** Have measure results been reported at this level previously?
No.
Reliability & Validity: Is there published evidence about the reliability and validity of the measure when reported at this level of aggregation?
No.

Unintended consequences: What are the potential unintended consequences of reporting at this level of aggregation?
Not applicable.

Provider Level
Hospital: Can compare hospitals

Intended use: Is measure intended to support meaningful comparisons at this level? (Yes/No)
Yes.

Data Sources: Are data sources available to support reporting at this level?
Yes.

Sample Size: What is the typical sample size available for each unit at this level? What proportion of units at this level of aggregation can achieve an acceptable minimum sample size?
The sample would include all children younger than 4 years of age with clinical documentation of sickle cell disease presenting in an outpatient setting.

In Use: Have measure results been reported at this level previously?
No.

Reliability & Validity: Is there published evidence about the reliability and validity of the measure when reported at this level of aggregation?
No.

Unintended consequences: What are the potential unintended consequences of reporting at this level of aggregation?
None identified.

Provider Level
Practice, group, or facility:** Can compare: (i) practice sites; (ii) medical or other professional groups; or (iii) integrated or other delivery networks

Intended use: Is measure intended to support meaningful comparisons at this level? (Yes/No)
No.

Data Sources: Are data sources available to support reporting at this level?
No.
Sample Size: What is the typical sample size available for each unit at this level? What proportion of units at this level of aggregation can achieve an acceptable minimum sample size? Not applicable.

In Use: Have measure results been reported at this level previously? No.

Reliability & Validity: Is there published evidence about the reliability and validity of the measure when reported at this level of aggregation? No.

Unintended consequences: What are the potential unintended consequences of reporting at this level of aggregation? Not applicable.

Section 10. Understandability

CHIPRA states that the core set should allow purchasers, families, and health care providers to understand the quality of care for children. Please describe the usefulness of this measure toward achieving this goal. Describe efforts to assess the understandability of this measure (e.g., focus group testing with stakeholders).

This measure provides a straightforward means to assess how well basic levels of comprehensive care are being provided for children with SCD. Low rates for the provision of anticipatory guidance are easily understood to be unsatisfactory. The simplicity of the measure likewise makes it a straightforward guide for providers and purchasers to assess how well comprehensive care, including anticipatory guidance, is managed in children with SCD.

This measure has not been assessed for comprehension. The primary information needed for this measure comes from medical records data and includes basic demographics, diagnostic codes, and procedure codes, all of which are widely available. The nurse abstractors testing the measure provided feedback to refine the abstraction tool and thus the specifications. These changes are reflected in the final documentation.

Section 11. Health Information Technology

Please respond to the following questions in terms of any health information technology (health IT) that has been or could be incorporated into the measure calculation.

11.A. Health IT Enhancement

Please describe how health IT may enhance the use of this measure.

In the short term, the predominant role of health IT for this measure is through displaying documentation templates and aggregating provider-captured anticipatory guidance information.
Because most of this information is in one section of the EHR, it will be relatively easy to find and to use data mining techniques to extract for the purposes of this measure. Over time, two phenomena may improve the use of the measure. First, it should be possible, given standards regarding ages and stages for providing this guidance, to develop patient-specific templates for documentation. These templates have been shown to improve compliance with recommended care practices, which will result in improved anticipatory guidance discussion. Second, the role of the patient and of patient portals is only beginning to emerge. It will likely be the case that these issues, as well as tools to help patients manage their illness, will be available through mobile device applications (apps) or personal health records that then communicate back to EHRs (or care coordinators) to improve the behaviors that these measures address.

11.B. Health IT Testing

Has the measure been tested as part of an electronic health record (EHR) or other health IT system?

Yes.

If so, in what health IT system was it tested and what were the results of testing?

This measure was tested using electronic medical record review conducted at two major SCD treatment facilities in Michigan using the Epic EHR system. The third facility used paper medical records for outpatient visits.

11.C. Health IT Workflow

Please describe how the information needed to calculate the measure may be captured as part of routine clinical or administrative workflow.

Anticipatory guidance, in general, comes in two forms: (1) check box lists or “standardized” text created using documentation templates and (2) unstructured text arising from dictation or potentially scanned documents in an EHR. This will be the primary way these data are captured in routine clinical workflow. Another, though less common, approach is to ask patients to complete forms before a visit. These forms, created by groups such as the American Academy of Pediatrics (Bright Futures) and customized for specialty-specific conditions, could be captured electronically in any of the methods described above.

11.D. Health IT Standards

Are the data elements in this measure supported explicitly by the Office of the National Coordinator for Health IT Standards and Certification (ONC) criteria (see healthit.hhs.gov/portal/server.pt/community/healthit_hhs_gov__standards_ifr/1195)?

Yes.

If yes, please describe.

The ONC’s Health IT Standards explicitly address the ability to create patient-specific reminders for preventive services, broadly defined. While such reminders may be aimed at future appointments for services, they can also include prompts for patients to engage in activities to
properly manage chronic conditions (CMS, 2012). In addition, these standards indicate the requirement for EHRs to track specific patient conditions, such as SCD. Consequently, patient reminders for activities to appropriately manage SCD could be achieved through these mechanisms, meeting the goals of anticipatory guidance preventive care. The ONC standards include the following specific requirements in the Certification criteria (ONC, 2010) pertaining to Stage 2 Meaningful Use requirements include:

(h) Generate patient lists. Enable a user to electronically select, sort, retrieve, and output a list of patients and patients' clinical information, based on user-defined demographic data, medication list, and specific conditions.

11.E. Health IT Calculation

Please assess the likelihood that missing or ambiguous information will lead to calculation errors.

1. Child’s date of birth.
2. ICD-9 codes selected to indicate sickle cell disease.
3. Date and time of anticipatory guidance.
4. Care setting.

11.F. Health IT Other Functions

If the measure is implemented in an EHR or other health IT system, how might implementation of other health IT functions (e.g., computerized decision support systems in an EHR) enhance performance characteristics on the measure?

Performance on this measure could benefit from a number of health IT integration steps, including:

a. Documentation templates filled out by providers (or potentially scribes, in communication with providers during the visit) could improve provider behavior with respect to these issues during the visit.

b. Documentation templates created in specialty clinics could help with missed opportunities to provide this counseling in EDs, other clinic visits, home visits, or through patient-initiated contact with the health system via a patient portal or personal health application.

c. Active decision support before, during, or after the visit could prompt providers or patients about these issues.

d. EHRs could generate triggers to providers to provide this guidance (again) based on events that suggest a need to re-teach (such as after an ED visit for pain).
Section 12. Limitations of the Measure

Describe any limitations of the measure related to the attributes included in this CPCF (i.e., availability of measure specifications, importance of the measure, evidence for the focus of the measure, scientific soundness of the measure, identification of disparities, feasibility, levels of aggregation, understandability, health information technology).

This measure assesses the percentage of children younger than 18 years of age with SCD who received anticipatory guidance regarding the prevention and/or management of pain as part of outpatient care during the measurement year. A higher proportion indicates better performance as reflected by appropriate guidance.

This measure is implemented with medical record data, and was tested with electronic and paper medical records. The primary information needed for this measure includes date of birth, diagnosis codes, and procedure codes and dates. These data are available, although obtaining them may require a restricted-use data agreement. It also required the development of an abstraction tool and the use of qualified nurse abstractors. Continuing advances in the development and implementation of electronic medical records may establish the feasibility of regularly implementing this measure with data supplied by electronic medical records.

Section 13. Summary Statement

Provide a summary rationale for why the measure should be selected for use, taking into account a balance among desirable attributes and limitations of the measure. Highlight specific advantages that this measure has over alternative measures on the same topic that were considered by the measure developer or specific advantages that this measure has over existing measures. If there is any information about this measure that is important for the review process but has not been addressed above, include it here.

This measure, Anticipatory Guidance for Pain Management for Children with Sickle Cell Disease, assesses the percentage of children younger than 18 years of age identified as having SCD who received anticipatory guidance regarding the prevention and/or management of pain as part of outpatient care during the measurement year. A higher proportion indicates better performance, as reflected by appropriate guidance. This measure was tested using medical record data. There are no existing quality measures for anticipatory guidance regarding the prevention and/or management of pain in children with SCD.

Pain is the hallmark clinical manifestation of SCD. The acute vaso-occlusive event is a unique type of pain that can start as early as 6 months of age, recur unpredictably over a lifetime, and require treatment with opioids. Treating pain in children with SCD is one of the most daunting challenges of managing the disease. Caused by impeded blood flow to various parts of the body, pain in SCD tends to be unpredictable in onset and duration and can range in intensity from mild to excruciating.

Clinical guidelines suggest that collaboration among patients, families, and health care providers is imperative for optimal treatment. Patients must be reassured that, when they do experience
pain, it will be taken seriously and managed optimally. However, barriers exist regarding the effective management of pain in children with SCD. Parents may underestimate their child’s pain or provide inadequate or infrequent doses of medication. Clinicians are sometimes suspicious about the validity of pain scores reported by children with SCD and may undertreat pain out of concerns about addiction or other adverse effects like respiratory depression.

Q-METRIC tested this measure among a total of 500 children younger than 18 years of age with SCD. Overall, 83 percent of children with SCD received anticipatory guidance regarding the prevention and/or management of pain as part of outpatient care (range: 69-86 percent).

This measure provides a straightforward means of assessing how well basic comprehensive care is being provided for children with SCD, including the provision of anticipatory guidance. The primary information needed for this measure includes basic demographics, dates, diagnostic codes, and procedure codes, which are widely available. Continuing advances in the development and implementation of health IT may establish the feasibility of regularly implementing this measure with data supplied by electronic medical records.

References


Section 14: Identifying Information for the Measure Submitter

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The CHIPRA Pediatric Quality Measures Program (PQMP) Candidate Measure Submission Form (CPCF) was approved by the Office of Management and Budget (OMB) in accordance with the Paperwork Reduction Act.

The OMB Control Number is 0935-0205 and the Expiration Date is December 31, 2015.

Public Disclosure Requirements

Each submission must include a written statement agreeing that, should U.S. Department of Health and Human Services accept the measure for the 2014 and/or 2015 Improved Core Measure Sets, full measure specifications for the accepted measure will be subject to public disclosure (e.g., on the Agency for Healthcare Research and Quality [AHRQ] and/or Centers for Medicare & Medicaid Services [CMS] websites), except that potential measure users will not be permitted to use the measure for commercial use. In addition, AHRQ expects that measures and full measure specifications will be made reasonably available to all interested parties. "Full measure specifications" is defined as all information that any
potential measure implementer will need to use and analyze the measure, including use and analysis within an electronic health record or other health information technology. As used herein, "commercial use" refers to any sale, license or distribution of a measure for commercial gain, or incorporation of a measure into any product or service that is sold, licensed or distributed for commercial gain, even if there is no actual charge for inclusion of the measure. This statement must be signed by an individual authorized to act for any holder of copyright on each submitted measure or instrument. The authority of the signatory to provide such authorization should be described in the letter.

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