

Adolescent Depression Monitoring

Measure Description

Percentage of patients 12 to 17 years of age who had a visit or other contact for major depression or dysthymia who have a PHQ-9 or PHQ-A tool administered at least once during a four month period.

Measure Components

Numerator Statement	Patients who have a PHQ-9 or PHQ-A tool administered at least once during the four-month period
Denominator Statement	Patients 12 to 17 years of age with a depression-related contact and a diagnosis of major depression or dysthymia during the four month period
Exclusions	Patients with a diagnosis of bipolar disorder, psychotic disorder, autism spectrum disorder, or personality disorder at any time during the measurement period

Measure Definitions

Measurement Period	January 1 through December 31 of the measurement year. The measure is reported for three separate time periods: January 1 –April 30, May 1 through August 31, September 1 through December 31 st .
Standardized Tool	An assessment tool that has been appropriately normalized and validated for the population in which it is used. For this measure, symptom assessment tools include: <ul style="list-style-type: none"> • Patient Health Questionnaire (PHQ-9) • Patient Health Questionnaire for Adolescents (PHQ-A)
Depression-related contact	A contact between patient and provider can be face-to-face, by phone or video, or via secure messaging (e.g., email or patient portal). A depression-related contact is defined as a contact with an active diagnosis of Major Depressive Disorder or Dysthymia.

Specification

Measure Dimension	Specification
Denominator 1	Patients 12 to 17 years of age who have at least one depression-related contact during the first 4 month period of the measurement year: January 1 through April 30.
Denominator 2	Patients 12 to 17 years of age who have at least one depression-related contact during the second 4 month period of the measurement year: May 1 through

Measure Dimension	Specification
	August 31.
Denominator 3	Patients 12 to 17 years of age who have at least one depression-related contact during the third 4 month period of the measurement year: September 1 through Dec 31.
Numerator 1	Patients who have a PHQ-9 or PHQ-A tool administered at least once during the first four-month period of the measurement year: January 1 through April 30.
Numerator 2	Patients who have a PHQ-9 or PHQ-A tool administered at least once during the second four-month period of the measurement year: May 1 through August 31.
Numerator 3	Patients who have a PHQ-9 or PHQ-A tool administered at least once during the third four-month period of the measurement year: September 1 through December 31.
Denominator Exclusions	Patients with a diagnosis of bipolar disorder, psychotic disorder, autism spectrum disorder, or personality disorder at any time during the measurement period.

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