

# Addressing Methodological Challenges in Research for Patients with Multiple Chronic Conditions –R21 Grants

# Measuring Multimorbidity with Individualized Disease-specific QOL Impact Scales

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#### **Description**

It is well documented that multimorbidity, or multiple chronic conditions (MCC), impairs patients' functioning and health-related quality of life (QOL). However, our ability to study the impact of multimorbidity is hampered by methodological problems underlying conceptualization and measurement, including a lack of a common definition, proliferation of diverse multimorbidity indexes, widespread reliance on indexes using population weights, and a paucity of indexes that take individual assessment of disease burden into account. The goal of the study is to address the methodological barrier in the field of health status assessment and development of QOL measures for MCC population, thereby improving the assessment of the MCC impact on patient reported outcomes (PRO) and Quality of life (QOL).

#### **Specific Aims**

- Explore the extent to which MCC patients can make valid attributions to specific conditions when reporting disease impact on OOL.
- 2. Systematically evaluate different MCC aggregation methods to predict generic PRO.
- 3. Cross-validate methods and results with independent data.

#### **Main Objective**

Address methodological barrier in the field of health status assessment and development of QOL measures for MCC population.

## **Chronic Conditions Considered**

36 chronic conditions

## Study Design, Data Sources, & Sample Size

Secondary analysis of crosssectional and longitudinal data collected in 2011 and 2012 for 10,624 adults from two independent samples, pursuant to the NIA-sponsored DICAT grant.

#### Strategies Addressed from the HHS Strategic Framework on Multiple Chronic Conditions

- 4.B. Understand the epidemiology of multiple chronic conditions
- 4.C. Increase clinical health research



