Giving Your Baby Oral Medicines

Know the name of the medicine and what it is for
- Carefully read the label of each medicine before giving it to your baby.
- Know why your baby needs to take this medicine.

Know the dose
- It is best to use an oral syringe to give liquid medicine to a baby.
- Avoid using teaspoons because they are not precise.
- Ask the pharmacist to mark the syringe at the dose you need to give.
- Keep the syringe with the corresponding bottle and color code them.
- Know how often to give the medicine

Ask your baby’s doctor or the pharmacist what to do in case you miss a dose.

Know possible side effects
- Always observe your baby for any bad reactions to the medicine.
- Call your baby’s doctor in case of a bad reaction.

Use the following chart to convert teaspoons to milliliters

<table>
<thead>
<tr>
<th>Teaspoon</th>
<th>Milliliter</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>5</td>
</tr>
<tr>
<td>2</td>
<td>10</td>
</tr>
<tr>
<td>3</td>
<td>15</td>
</tr>
<tr>
<td>4</td>
<td>20</td>
</tr>
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