

Situation Monitoring Exercise Role Information

INSTRUCTIONS:

Use the following information to prepare envelopes for each designated role on the care plan team. Place the information for each role (e.g., Mrs. Valdez) inside the designated envelope.

Mrs. Valdez

- I have always prided myself on my appearance.
 - Strongly spiritual and religious, I have practiced in a Roman Catholic tradition. I attended Mass several days a week.
 - I am very private and modest.
 - I have always gone to bed late at night. I like to listen to the radio in bed.
 - I am fiercely independent.
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Housekeeper

- Mrs. Valdez has had much trouble finding her room and becomes overwhelmed and anxious.
 - She often states, "I need to go home and feed my children."
 - She often states, "Where is Carlos? I need to find Carlos!"
 - Mrs. Valdez collects food from meals and stores it in her bedroom drawer.
 - She enjoys talking to me as I clean her room.
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Activity Assistant

- Mrs. Valdez is very social and enjoys being with people.
 - She responds with affection and joy to children.
 - Has a strong need to take care of others and is sensitive to the needs of others.
 - Loves gardening and flowers.
 - Enjoys singing and spontaneously breaks into song when music is being played.
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Nurse

- Mrs. Valdez has lost much of her verbal ability to put her thoughts into clear, complete messages.
- She has dementia of the Alzheimer's type and was diagnosed 7 years ago.
- She is prescribed an antidepressant medication.
- She has an appetite for snacks throughout the day.
- Rose, her daughter, has been coming twice a day since Mrs. Valdez's admission 2 weeks ago.

CNA

- Mrs. Valdez is uncomfortable with male caregivers.
 - She has urinary incontinence that she tries to manage with napkins and paper products.
 - She eats breakfast well but eats poorly at other meals.
 - She becomes overwhelmed by loud noise and confusion around her.
 - She is anxious during bathing and prefers to remain covered.
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Social Worker

- Mrs. Valdez was a school teacher for 30 years, mostly first and second grades.
 - She had lived with her daughter Rose and her family for the past 3 years.
 - Rose is very involved in her life and is concerned about her care.
 - Her husband died 12 years ago; his name was Antonio.
 - She had a son, Carlos, who died when he was age 8; this has been a powerful sorrow throughout her life.
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Rose, Mrs. Valdez's Daughter

- My mother suffered spousal abuse.
 - My mother has not taken off her clothes for bathing recently and became physically defensive if undressed.
 - I am very concerned that she will not have meaningful things to do here.
 - My mother's Argentinean heritage is very important to her. I am concerned that it will not be understood and respected.
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Occupational Therapist

- Mrs. Valdez needs activities of daily living broken into simple steps with verbal cueing for success and participation in care.
- She does well when she can walk outside. This supports her mobility and helps her to channel her energy into positive activity. It also supports her love of flowers and nature.